

# Young People's Open Day

Tuesday 26th June 2018 between 10.00 am and 3.00 pm  
The Nowgen Centre, Grafton Street, Manchester, M13 9WU

On behalf of everyone at the Trust, I would like to welcome you to our ninth annual Young People's Open Day. We hope you find it a useful and interesting event.

Our thanks go to the Trust staff and colleagues from partner organisations who have provided the wide range of information and activity stands today. The main focus of the event is to provide young people with information about a wide range of careers in the NHS, and advice on staying healthy.

The various experts here today will be very happy to talk to you about their role and the patient care that they provide. There are also opportunities for you to participate in interactive demonstrations such as hand-washing techniques plus Plaster of Paris applications (volunteers required!).

Don't forget to visit our special 'Looking After You' area, which offers lots of advice on how to look after your health and wellbeing, plus details of the range of healthcare services available in the community as well as in hospital.

Governors, who are elected by our Members to represent their views and opinions, would also be delighted to answer your questions about how our Trust is involving and consulting young people in planning health services. Please do come along and meet them at our Membership Stand, where you can also complete a quick questionnaire and share your views about our event and membership of our NHS Foundation Trust. Our Board of Directors is keen to know what health priorities are important to you and what you would like the NHS and us to develop further. More information about Membership and Governors can be found on the back page of this programme.

A plan showing where you can find all the stands is inside this programme with toilets and emergency exits also being marked.

No fire drill is planned for today, so if an alarm sounds please follow the instructions of Trust staff (wearing name badges) and evacuate the building.

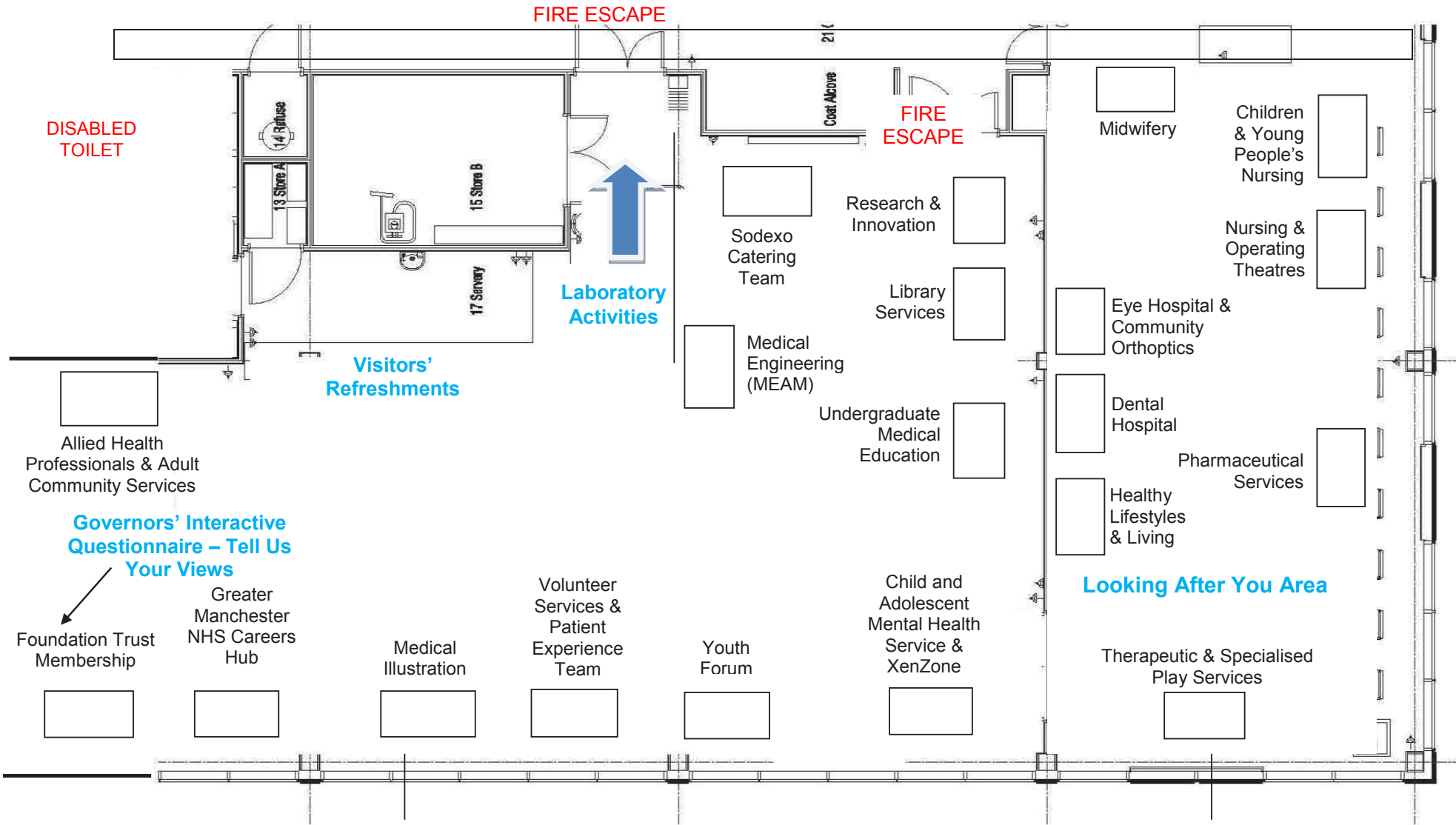
Drinks will be available throughout the event, and if you need any other assistance or information please ask a member of Trust staff.

Thank you for coming along and we hope you have a really enjoyable day.

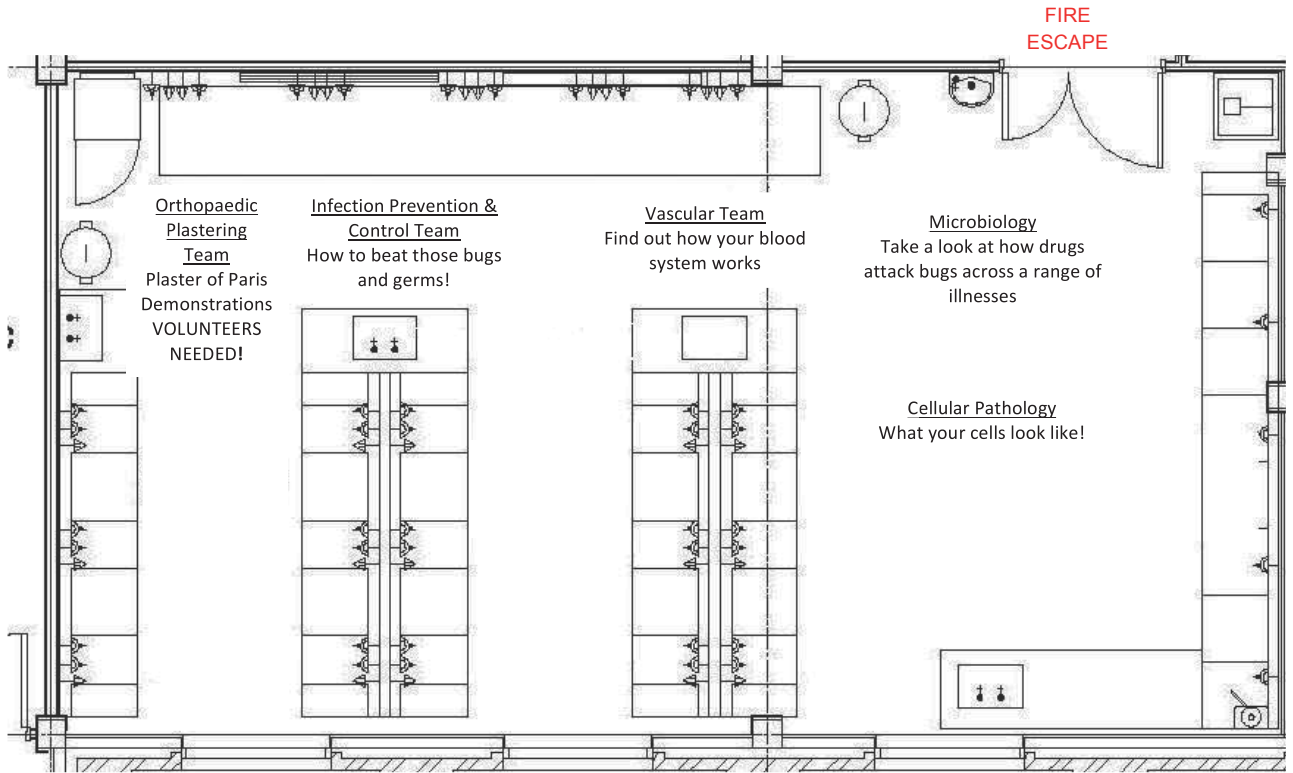


Kathy Cowell OBE DL  
Group Chairman

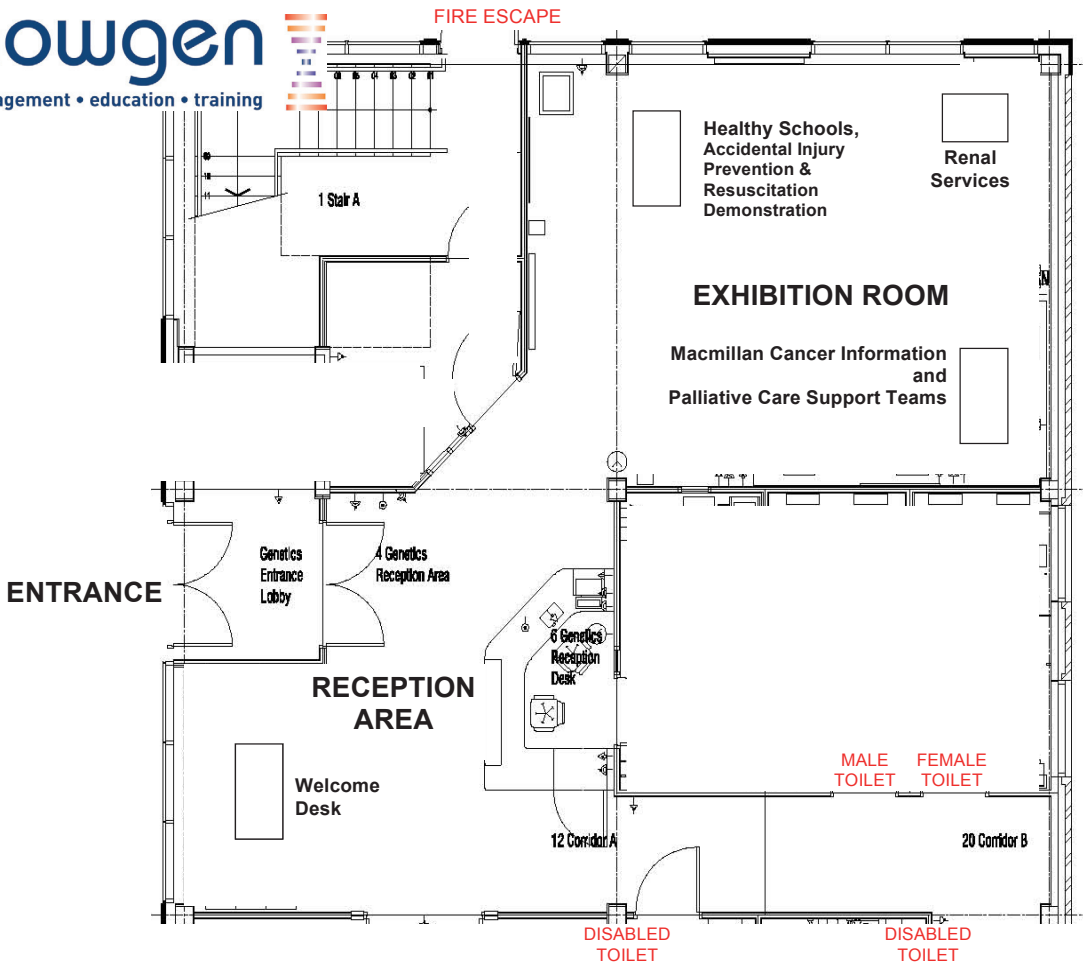
**Meeting Rooms – Interactive Stands**



**Laboratory Room – Interactive Stands**



**Exhibition Room – Interactive Stands**



# Become a Member of Manchester University NHS Foundation Trust

We believe that good health services are vital to every local community and that our hospitals provide a high quality healthcare service to the residents of Manchester, Trafford, Greater Manchester and the North West that we can all be proud of.

## Benefits of being a Foundation Trust

As a Foundation Trust we are directly accountable to our members, local population/communities, partners and other organisations with whom we work. As a Member of our Trust, you would have a very real opportunity, through your elected representatives (Governors), to shape our future and ensure services are developed that best meet your and your family's needs.

As a Trust with a large Children's Hospital, we are conscious that young people need a way to express their views and we have developed our relationship with the Trust's Youth Forum to ensure that young people are represented on our Council of Governors.

## Benefits of being a Foundation Trust Member

Membership is completely free and is open to anyone who lives in England and Wales who is aged 11 years or over (please ask the permission of your parents/carers to become a Member if you are under 18).

Once a Member, you can choose how much you want to be involved. For example, you may just want to vote for representatives (Governors) during the election process, and receive regular and exclusive membership information (newsletters and updates).

Or you may want to be more involved by standing as a Governor during the election process (if aged 16 years or over), attending unique Membership Meetings and Health Promotional Events or participating in short surveys/questionnaires.

Elections for Governors are held every year. Members are informed of the election process and are invited to stand for election, with newly elected or re-elected Governors being formally announced at our Annual Members' Meeting.

## Become a Member of our NHS Foundation Trust

We have ambitious plans for our hospitals and your support and involvement is vital to our future success. If you value our services and believe in our future, then be part of it and become a Member by completing an application form which can be found on our website – [www.mft.nhs.uk](http://www.mft.nhs.uk) and click the 'Become a Member of our Trust - Membership Form' button.

Alternatively, contact the Foundation Trust Membership Office to request a paper application form:

E-mail: [ft.enquiries@mft.nhs.uk](mailto:ft.enquiries@mft.nhs.uk)

Telephone: 0161 276 8661

Freepost address: FREEPOST Plus RRBR-AXBU-XTZT, MFT NHS Trust, Oxford Road, Manchester, M13 9WL