**Greater Manchester Rapid Access Anaphylaxis Clinic (GMRAAC)**

**Patient Information to be given to or discussed with the patient before discharge**

**What should you expect from the GMRAAC appointment?**

* A focussed assessment of what happened during the recent reaction
* A review of the documentation from the recent reaction
* An additional blood sample may be required – but this will not be for an allergy test
* Advice on how to manage any future allergy including what to do, when to call for help and how to use anti-allergy medications
* Discussion and advice on avoidance, if a clear trigger is identified
* To plan allergy investigations, if required (allergy investigations cannot be carried out this close to a reaction and are usually carried out no sooner than 4 to 6 weeks after)

**What not to expect from the GMRAAC appointment?**

* Allergy tests will not be carried out at this initial assessment as they are not reliable this close to an allergic reaction
* An extensive review of all possible or past allergies or any other unrelated health problems