

Nameband

When I go to the hospital

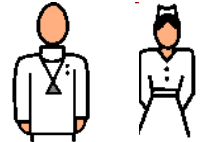


hospital

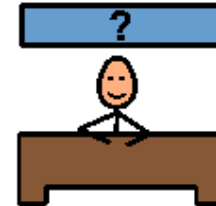
I usually have to wear a name band



I have to do this so the hospital nurses and doctors know who I am



It gives people important information about me



My parent/carers will be pleased if I try my best to keep the name band on my wrist



Hospital Gown

When I go to the hospital



hospital

I may have to wear a hospital gown



I have to do this so then my normal clothes stay nice and clean

My parent/carers will be pleased if I try my best to keep on this hospital gown!



Taking my Temperature

Sometimes, when I go to the hospital



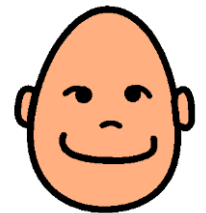
The nurse/doctor will measure my temperature

The nurse/doctor does this by putting an 'ear thermometer' into my ear



This can feel a bit funny, but it doesn't hurt

The nurse/doctor has to do this to make sure everything is ok



My parent/carer will be pleased if I try my best to stay still while the doctor is taking my temperature

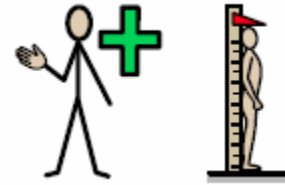


Measuring height and weight

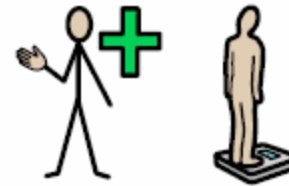
When I go to the hospital



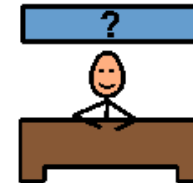
I may have to stand against a wall while the nurse measures my height



I may have stand on some scales so the nurse can measure my weight



This will give the nurses important information about me



My parent/carer will be pleased if I try my best to stay still while being measured/ weighed



Taking my medicine or tablets (at home and in hospital)

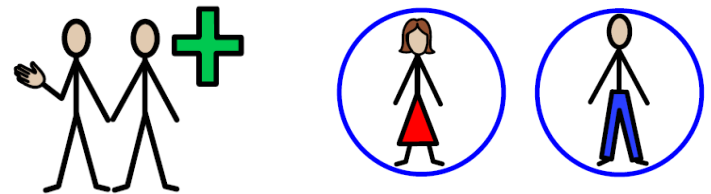
When I go to the hospital



The nurse/doctor may give me some medicine or tablets



It is important to take my medicine or tablets
when I am told to by doctors/nurses
or my Mum and Dad



It is very important to take the medicine or tablet, It will help
to make me better



My parent/carer will be happy if I try my best to swallow
the medicine/tablets when I am told to do so



Having a blood test

When I go to the hospital,



I may have to have a blood test



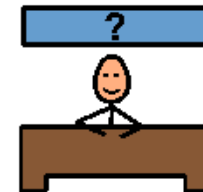
An anaesthetic wipe may be rubbed on to my wrist/arm, which will stop it from hurting when I have my blood taken



A doctor/nurse will then squeeze my arm/wrist, this will help them to get the blood out more easily.



The test will give the doctor important information about my blood



Checking my blood pressure

When I go to the hospital



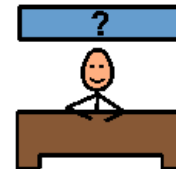
The nurse/doctor may want to check my blood pressure

A sticky pump will be wrapped around my arm. The nurse will then press a button which will make the pump squeeze gently on my arm



This squeeze feeling will then measure my blood pressure

The test will give the doctor important information about my me



Having an injection

When I go to the hospital



I may have to have an injection



The doctors or nurses may use an anaesthetic wipe first
so it doesn't hurt



The doctor/nurse will usually tell me just before
he/she gives me the injection
It might feel like a little prick on my arm

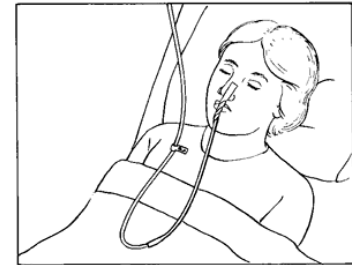


Having a naso gastric tube

When I go to the hospital



I may have to have a naso gastric tube fitted. This is a tube which goes up my nose and into my tummy



This may feel a bit strange, but it will help me get enough food to get better more quickly

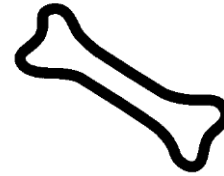


My parents/carers will be pleased if I try my best to keep this tube in place



Having a plaster

If I break a bone in my body, I will have to go the hospital



To help my broken bone get better, I may have to wear a plaster



The nurse will put on the plaster using a sticky material, and I must keep this dry at all times

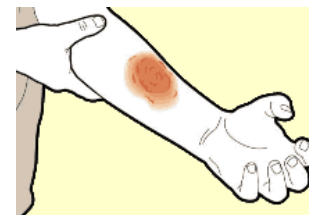
I have to keep the plaster on because otherwise my broken bone won't become better again!

My parent/carer will be pleased if I try my best to keep on the plaster clean and safe



Having a burns dressing

I am in hospital because I have burnt myself, I will need a burns dressing



This will help my burn to get better and stop hurting



It is important to keep the dressing on and to try not to touch the dressing, otherwise my burn might take longer to heal



My parent/carer will be pleased if I try my best to keep on the dressing and keep it clean



Having a splint on

I am in hospital because I have broken a bone, I may need a splint



This will help my broken bone to get better and be strong again

The splint may be made out of plastic, and I will have some sticky straps too to hold it in place



I may have to keep it on for a long time so I must be careful with it



My parent/carer will be pleased if I try my best to keep on the splint and keep it clean



Having a Cannula

When I go to the hospital



I may have to have a cannula



The doctor/nurse will insert a small tube into my hand so the medicine can reach my insides and help me get better



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Coming to hospital to be admitted on a ward

When I go to hospital,



I will be taken to my ward, which is a big room where my bed will be. It may also be quite noisy too, as there are lots of other people who are ill too.



I might have stay here to sleep, while I am in hospital



I can have my parent/carer with me too, and I might make some new friends who are on the same ward as me.



My parent/carer will be happy if I try to stay on the ward in my own bed while I am in hospital.



Coming to hospital for the day

When I go to the hospital for my operation



I will be taken to my ward, which is a big room where my bed will be



If my operation goes well and I am feeling ok, I may be able to go home the same day, after my treatment, but only if the doctor/nurse says I can!

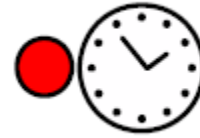


Once the doctor/nurse has checked me to make sure I am ok, I can go home with my family!

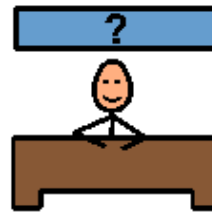


Coming to pre-admission

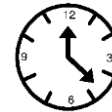
Before I have an operation I may have to go to a pre--admission clinic



Here the doctor/nurse will give my parent/carer and me important information about my operation



I will probably find out the time and date of my operation. I also might find out when I can eat and if I will need to stay overnight in hospital



My parent/carer will be happy if I try to listen to all the things the doctor says I should do.



Coming to the out patients department

Sometimes after I have been in hospital; I might have to come back to have another check up in the hospital a few weeks later

This is to make sure I am getting better from my operation

The doctor/nurse might need to do some checks; e.g. look at my skin to see if my scar is healing up. They might also need to weigh and measure me.

My parent/carer will be pleased if I try my best to stay calm while the doctors/nurses examine me



Coming to the burns outpatient clinic

I have to go the burns outpatient clinic because I have hurt my arm

The nurse/doctor may want to check my height/weight



The Nurse/doctor will look at my burn to see if it is getting better



I may need a new dressing



I may be able to play while the nurse/doctor help me to get better.

Coming to theoutpatient clinic

I have to go to the.....outpatient clinic because I have hurt my

The nurse/doctor may want to check my height/weight

The Nurse/doctor will look at my to see if it is getting better

I may need a new

I may be able to play while the nurse/doctor help me to get better.

Going to the operating theatre

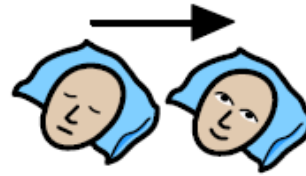
When it's my turn, I will be sent to the operating theatre



I will be given a magic injection that will put me to sleep so the operation doesn't hurt



Once the operation is finished, I will wake up. I might feel a bit unwell when I first wake up. That is OK. The nurses will be able to help me feel more comfortable



My parent/carer will be there when I wake up, and happy that I have been brave and had my operation



If the doctor is happy with me, then I will be able to go home



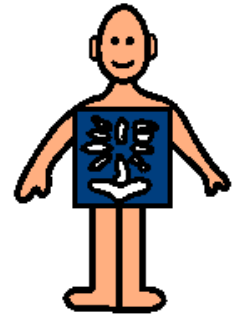
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Coming to x-ray

When I am in hospital, I may need to have an X-ray



The x-ray will show what I look like on the inside, so doctors can see what is wrong with my insides and make me better



I may have to stand very still for while, and not move or speak

My parent/carer will be pleased if I try my best to stay still whilst having my X-ray



Coming to an MRI scan

When I am in hospital, I may need to have an MRI scan

I will lie on a bed which will move slowly into a tunnel and will have to stay very still for while, and not move or speak

The scan will show what I look like in the inside, so doctors can help me to get better

My parent/carer will be pleased if I try my best to stay still whilst having my MRI scan



Coming to a CT scan

When I am in hospital, I may need to have a CT scan

I will lie on a bed which will move slowly into a tunnel and will have to stay very still for while, and not move or speak

The scan will show what I look like in the inside, so doctors can help me to get better

My parent/carer will be pleased if I try my best to stay still whilst having my CT scan



Coming to an ultrasound scan

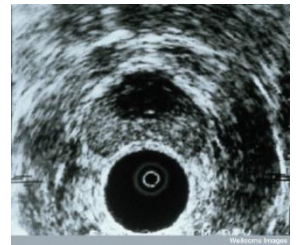
When I am in hospital, I may need to have an ultrasound scan

The scan will show what I look like in the inside, so doctors can help me get better

The doctor will put some gel on the part they want to look at, and then place a special camera on it, which will show my insides

My parent/carer will be pleased if I try my best to stay still whilst having my ultrasound scan

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Coming to Accident and Emergency

When I have had an accident, I might need to come to the Accident and Emergency department of the hospital

This is so the doctors can make me feel more comfortable and help start to feel better, especially if it is an emergency!

The doctor/nurse might need to do some checks, for example, they will need to look at the place that I have hurt

They might also need to weigh and measure me or take my blood pressure



Coming to the Play Specialist

I have been invited to play services



This is exciting, and I will probably have lots of fun!



The Play Specialist will probably talk to me about coming to hospital. They might play some games or we may do activities like draw together



Coming to occupational therapy

Sometimes I may need to go to Occupational Therapy



The occupational therapist can help children who are finding it hard to write or do buttons



The occupational therapist might ask me to do different activities.

This is to see how much help I need to do things

My parent/carer will be pleased if I try my best to listen to the occupational therapist's instructions



Coming to Speech Therapy

Sometimes I might need to go to Speech Therapy



The speech therapist helps children who may have problems with speaking



The speech therapist might give me different activities which will help my speech become better



My parent/carer will be happy with me if I try my best to listen to the speech therapist's instructions



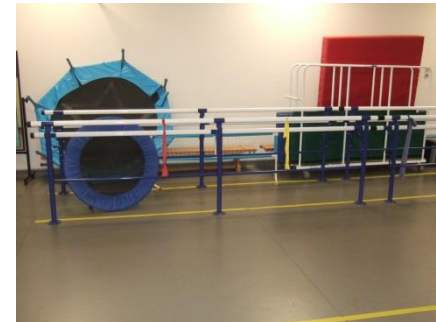
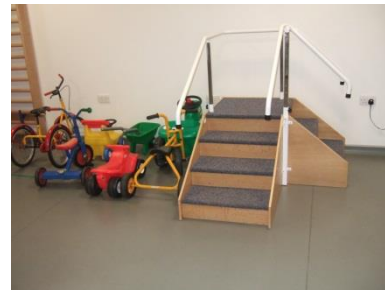
Coming to Physiotherapy

Sometimes I might need to go to Physiotherapy

The physiotherapist helps children who are finding it difficult to walk or move



The physiotherapist might need to move my body
or might ask me to do different exercises



My parent/carer will be pleased if I try my best to listen to the physiotherapists instructions



Coming to dietitian

I am going to see a dietitian, someone who looks at what I eat



The dietitian might want to know everything I eat on a daily basis

The dietitian might want to weigh or measure me
Sometimes he/she might want to take my blood pressure.



The dietitian might say I need to eat more of some foods and less of others.



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Coming to EEG

Sometimes the doctor/nurse may say I need to have an EEG

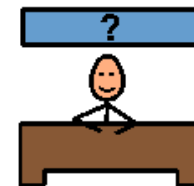
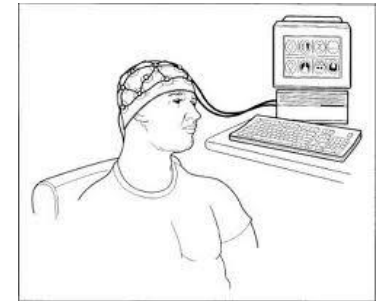
The doctor/nurse will probably stick some wires on to my head.

They might ask me to do something while the wires are sticking to me head

It won't hurt, and the EEG will gave important information to the doctor

My parent/carer will be pleased with me if I try to stay still while the doctor puts the wires on my head and records my EEG results

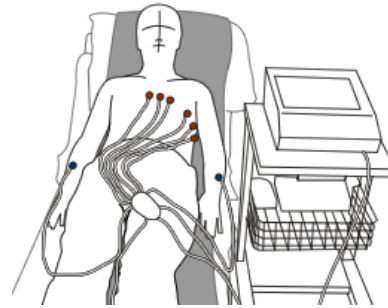
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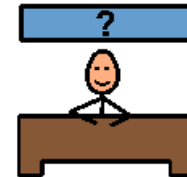
Having an ECG

Sometimes the doctor/nurse may say I need to have an ECG

It won't hurt, but lots of stickers will be placed on my body to test my heart beat



This will give the doctor/nurse important information about my heart



My parent/carer will be pleased with me if I try to stay still while the doctor puts the wires on my body and records my ECG results



Multi-sensory room

Sometimes when I am in hospital, I might get a chance to go to the Multi-sensory room.



This room might make me feel calmer and more relaxed.

I might go to the room with a member of the play therapy team or with my parents/carers



It is fine for me to let the nurses know if I need to go the Multi-sensory room, they will be able to tell me when is a good time for me to go to the room



Teenage room



Outdoor Play area



Cafe



Treatment room



The Gym

