

Who do we work with?

We work with people over the age of 18 who have a learning disability and are registered with a Manchester GP. We work with people who are born with learning disabilities and people who acquire a learning disability in childhood.

‘A learning disability is a global impairment of cognitive function.

It is a lifelong developmental disability which will always affect someone's ability to learn and function independently as an adult.

It includes the presence of:

- significantly reduced cognitive skills - the ability to understand new or complex information, to learn new skills (often defined as an IQ <70)

and

- a reduced ability to cope independently (impaired social and adaptive functioning)
- which started before adulthood and has a lasting effect on development.’

We will actively work with people coming up to the age of 18 for 3 or 6 months depending on their needs to ensure a smooth transition into our adult services.

We work with people, their families and carers and professionals.

Where are we?

There are three community learning disability teams (CLDT) covering north, central and south Manchester.



North:

Crescent Bank
Humphrey Street
Crumpsall
M8 9JS

Central:

Hulme District
Office
323 Stretford Road
M15 4UW

South:

Etrop Court
Rowlands Way
Wythenshawe
M22 5RG

Who are we?

There are 5 professions in the CLDTs. These are:

- Physiotherapy
- Speech and language therapy
- Occupational therapy
- Community learning disability nursing
- Clinical psychology and behavioural support.

We also have access to sessions from learning disability psychiatrists.

In the CLDTs our specialist social work colleagues are based with us.

Our specialist respite and day centre are staffed by learning disability nurses and nursing assistants.

Our approach is multi-disciplinary and multiagency working alongside social services, generic community health services and other statutory and voluntary organisations.

What do we do?

The CLDTs offer a range of services e.g.

- Assessment of learning disability.
- Assessment for Autistic Spectrum Condition for learning disabled people.
- Assessment and intervention for people with mental health problems, emotional and psychological disorders and behaviours that challenge.
- Assessment and intervention for people with long term health conditions e.g. dysphagia, dementia.
- Assessment and intervention for communication problems.
- Assistance with accessible information
- Assessment and intervention around daily living skills and occupation.
- Assessment and intervention for people with mobility/falls and respiratory issues.
- Assessment and support around risk e.g. of committing criminal offences
- Training to social care providers, family carers and mainstream services e.g. GMP, Probation Service.

We provide our services in various ways e.g. one to one support, in groups, through advice sessions and through training depending on need.

We run a 7 day short breaks/respite service and a 5 day a week day service. These services support adults with complex needs and autism. They are staffed by learning disability nurses and clinical support workers.

How do you get in touch with us?

Anyone can refer to the CLDTs i.e. the person, the GP, social worker, advocate, carer or family.

People can refer in person, by fax, by letter and by phone.

We have an external referral form and can send copies by post or electronically.

North CLDT:

Tel: 0161 861 2958

Fax: 274 7353

Central CLDT:

Tel: 0161 219 2555

South CLDT:

Tel: 0161 219 6022

Fax: 0161 274 0029

Referrals should be sent care of the CLDT health manager. Non urgent referrals will be discussed at a fortnightly referral meeting.

If you would like to refer or talk to someone about the health needs of a learning disabled person please contact one of the Community Learning Disabilities teams.

Referrals to our day and respite services can be made via a social worker, health professional or directly.

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**Manchester Local
Care Organisation**

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lives in Manchester, with you

Community Adult Learning Disability Service