

# How to change your appointment

If you can not attend your appointment , please contact the clinic to cancel.

We will rearrange your appointment to a date and time which is more convenient for you.

**If you do not attend your appointment or are not in when we visit, and do not let us know you may be discharged.**

## Contact Information

### North Team

Gorton Therapy Centre  
48 Blackwin Street  
Gorton  
Manchester  
M12 5JY  
Tel: 0161 230 0301

### South Team

Baguley Therapy Centre  
Baguley Clinic Hall Lane  
Baguley  
Manchester  
M23 1NA  
Tel: 0161 445 1259

### No Smoking policy

The NHS has a responsibility for the nation's health. Protect yourself, patients, visitors and staff by adhering to our no smoking policy.

Smoking is not permitted within any of our hospital buildings or grounds.

The Manchester Stop Smoking Service can be contacted on  
Tel: (0161) 205 5998

[www.stopsmokingmanchester.co.uk](http://www.stopsmokingmanchester.co.uk)

# Compliments and Complaints

We welcome any compliments or suggestions you may have about our service. Please ask your Physiotherapist for a feedback card to complete. If you wish to make a formal complaint you should write to :  
Complaints Manager - PALS  
Cobbett House  
Manchester Royal Infirmary  
Oxford Road  
Manchester  
M13 9WL



**Manchester Local Care Organisation**

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## Children & Young People's Community Physiotherapy Service



**Children's Community Health Services**  
*"Working together to enable every child to have the best health possible"*

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## Who do we see?

We see children and young people age 0—18 who have a Manchester GP, where the referring professional feels that a physiotherapy assessment would be beneficial .

We provide a service for children and young people who may have a developmental or neurological difficulty that affects their ability to achieve their mobility potential.

We work in partnership with families, carers, health colleagues and education staff, to ensure your child receives high quality care.

## Where will you be seen?

Our Service is citywide and we run clinics in various venues . We may also visit children in their home, school or nursery.

## Your first appointment

It is important you attend the first appointment with your child so we can gain your consent.

We will already know a little bit about your child from the referral but we will need you to provide us with further information.

The physiotherapist will then complete a detailed assessment and discuss with you and your child how physiotherapy can help.

This usually takes approximately one hour.

You may need to come back to physiotherapy for further appointments - this will be discussed at your assessment.

## What should you bring?

In order to fully assess your child, we may need them partially undressed.

Please bring suitable clothing for older children, such as shorts and a vest.

Please also bring any splints or insoles that you use as well as your regular footwear.

## What does the physiotherapist do?

After assessment and discussion we will agree treatment goals and a treatment plan with you.

The Physiotherapist **may** provide :-

- Specific exercise and stretching programmes for home and school
- Assessment for the use of specialist equipment to improve posture or function
- Individual physiotherapy treatment sessions
- Advice and support to you and your family
- Referral to other health professionals and support services

## Who does the physiotherapy ?

Physiotherapy exercises and programmes should be carried out by the child , the family and anyone who supports the child. This can be done as part of the child's day and incorporated into their daily routine.

## Who may be involved?

Sometimes we may see your child with other health or education professionals involved with your child's care.

Physiotherapy students may be present. Please let your physiotherapist know if you are not happy with this.

