

Coronavirus (COVID-19) Patient Information

Routine Admission Information

Covid-19 is a disease caused by a type of virus called a coronavirus. Coronaviruses are common across the world and often cause symptoms like those of the common cold. Most people will experience mild symptoms, but some people may progress to a severe pneumonia causing shortness of breath and breathing difficulties.

Generally speaking, coronavirus can cause more severe symptoms in older people, people with weakened immune systems due to underlying conditions or immune suppressant medications, and those with long-term conditions like diabetes, cancer or chronic lung disease.

For more information on at risk groups: digital.nhs.uk/coronavirus/shielded-patient-list

As part of the response to COVID-19, Manchester Foundation Trust has introduced a wide variety of important measures to protect our patients, visitors and staff. This information is to provide you with guidance and what to expect in preparation for your planned admission to hospital for care and treatment.

Why am I being screened for COVID-19?

Coronaviruses are transmitted from person to person, after close contact with someone with Covid-19, for example, in a household, workplace, or health care setting. Sometimes people do not display signs of the less serious symptoms of COVID-19, as these are similar to those of a bad cold or flu and it can be difficult to diagnose COVID-19 without testing.

When and where will I be screened for COVID-19?

In preparation for you attending for your planned care you will need to have a swab test taken before your admission. You will be contacted by a member of the team with directions to which Hospital site and when to attend, in preparation for your screening test. This may also include you being invited to attend at a drive through Hospital facility.

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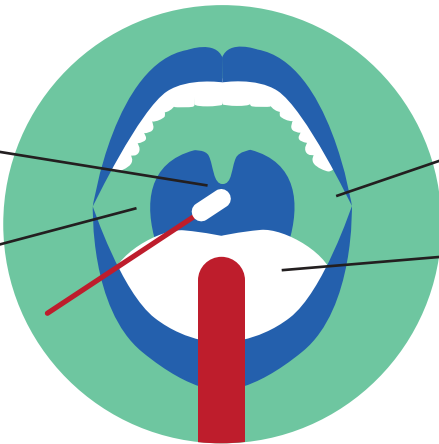
How will I be screened for COVID-19?

You will be invited to attend for a swab test 72 hours prior to your planned admission. The swab test will be taken from the back of your throat, near your tonsils and also from your nasal passages (nose) as indicated in the images below. It is important the swab is taken correctly and it you may experience some discomfort for a short period of time while the samples are being obtained.

Correct

Back
of the
throat

Tonsils



Incorrect

Sides
of the
mouth

Tongue



When will I get the results from the swabs?

The test results are normally available 24-48 hours after the swab has been taken. The hospital team will check the result and contact you with the result.

If your test results indicate you are positive to COVID-19 a member of the team will contact you, to discuss rescheduling your admission.

If your test is negative your admission will continue as planned.

Preparing for your admission for planned care

Depending on your health risk factors or type of treatment there may be additional precautions you will be advised to follow. Prior to your admission you will be contacted by a member of the Hospital team on the measures you need to take regarding social distancing and self-isolation.

For further information please follow the link below to the UK Government advice:

www.gov.uk/government/publications/staying-alert-and-safe-social-distancing/staying-alert-and-safe-social-distancing-after-for-july

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What can I do to protect myself and others?

- Maintain good hand hygiene: washing your hands with soap and water after using the toilet, before meals and meal preparation, after coughing and sneezing.
- Cough or sneeze into a tissue disposing of the tissue, and then wash your hands.
- Maintain a distance of two metres from other people.
- Avoid close contact when possible with anyone showing symptoms of respiratory illness such as coughing and sneezing
- Wear a face mask when you are in enclosed public spaces.

On arrival to Hospital

Before entering the hospital building you will be asked to use hand sanitiser before putting on a disposable face mask, which will be provided, or you can continue to wear your own mask.

It is recognised that some people may be exempt from wearing a face mask due to health conditions, please discuss this with a member of the nursing team on your arrival.

Whilst wearing a mask, please ensure your nose and mouth is covered by the mask at all times, ensure that the mask fits securely and try not to touch the mask whilst wearing.

It is a Department of Health requirement that face coverings are worn at all times when attending Hospital. When you are leaving the Hospital and wearing a disposable mask remove this by the ear loops, do not touch the front of the mask. Dispose of the mask in the bin provided and apply hand sanitiser.



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Visitors

To keep you and all our patients and our staff safe, visiting remains restricted in all adult clinical areas, in order to prevent the transmission of Coronavirus. The trust recognises how important it is to keep in touch with friends and relatives and has introduced a virtual visiting service so that relatives can make contact with patient's via video call. **This can be arranged by contacting this number: 0161 716 8956 between the hours of 09:00 and 12:00 hours.** In exceptional circumstances, you can discuss in advance with a member of the Hospital team visiting arrangements, as the plan for your admission is arranged with you. Any visiting that is agreed in advance will include for one named visitor to visit at pre-arranged times with the Ward or Departmental manager. The visitor will be asked to comply with safety measures such as social distancing, hand washing and the wearing of a face mask.

We recognise that maintaining contact with friends and family is important and we will endeavour to support you during your admission for planned care.

If you have any queries regarding your admission for planned care the Hospital team will share their contact details with you. Please speak to a member of the Hospital team arranging your care.