



Manchester University  
NHS Foundation Trust

# Infertility Semen Analysis

Saint Mary's Hospital  
Department of Reproductive Medicine  
Andrology Laboratories



# Introduction

As a routine part of infertility investigation, you have been asked to provide a semen sample for assessment of sperm number and quality.

## Delivery of your sample

As a fresh sample is essential for this test, it must be brought to the laboratory within one hour of being passed at home. You must arrange an appointment time to deliver your sample. You will not be admitted to the building without an appointment.

**NOTE:**  
**USING A PUBLIC TOILET  
TO PASS YOUR SAMPLE IS  
AGAINST THE LAW.**



## Instructions for collecting the semen sample

- You should abstain from intercourse or masturbation for three to four days prior to providing the specimen.
- The sample must be obtained by masturbation (manual stimulation) and should be collected directly into the specimen container provided.
- A condom or artificial lubrication must not be used for semen collection as it will kill the sperm.
- The complete specimen is needed for this examination, so if any of your specimen is spilt you must tell us, as a repeat specimen is required.
- Label the specimen container with your full name, date of birth and the date and time the specimen was passed.
- Ensure the top is screwed on tightly so that it does not leak and then place the container into the biohazard bag.

Please do not post the specimen to us.

## Sample identification

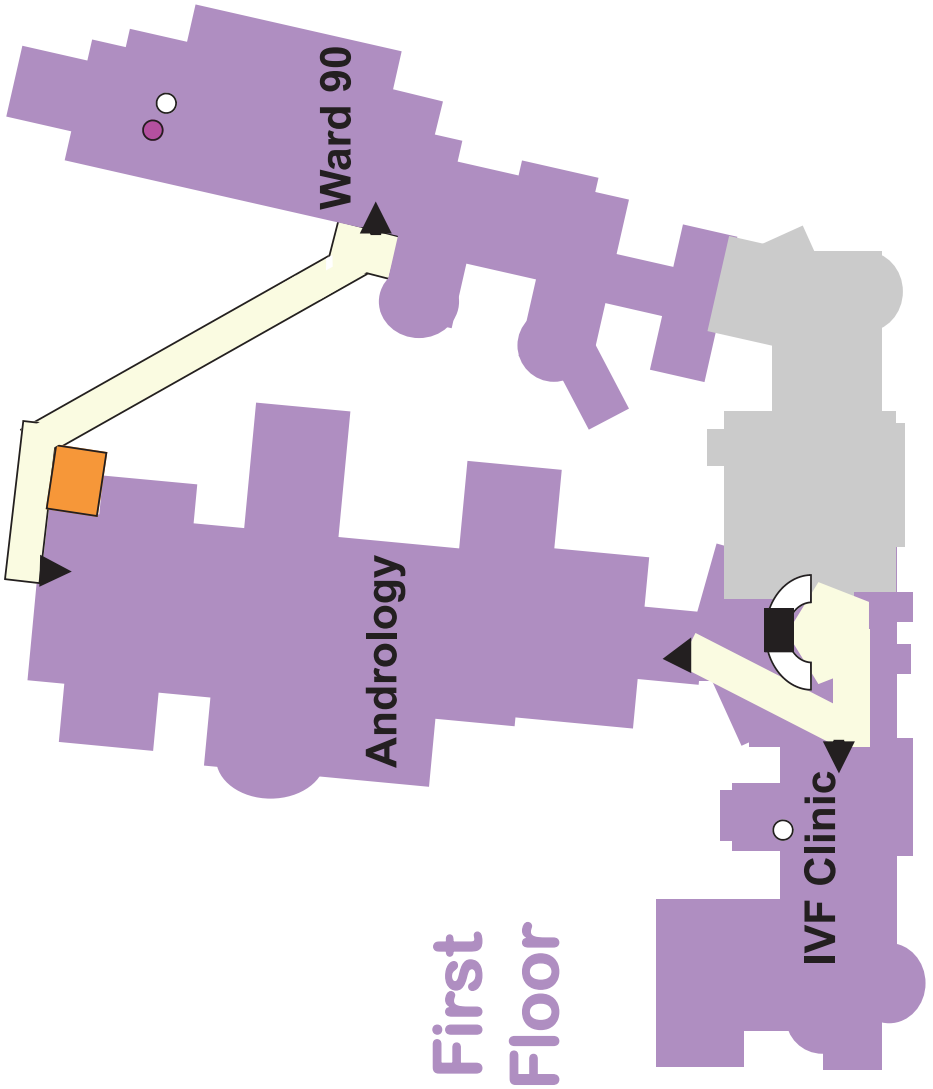
- Please make sure that your name, date of birth and the requesting Doctor's details are on the request form provided.
- Make sure that the date and time of collection are entered on the specimen details form on page 7 of this booklet.
- Please ensure that your full name and date of birth are on the label of the specimen container. We cannot process unlabelled or poorly labelled samples.

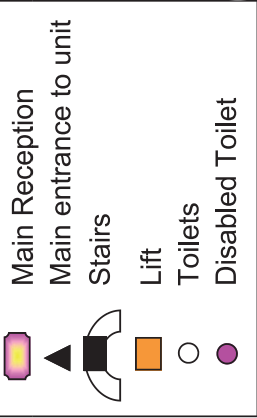
## Arranging your appointment

Deliver the sample to the Department of Reproductive Medicine, Andrology Laboratories at the Old Saint Mary's Hospital within **one hour** of passing the sample.

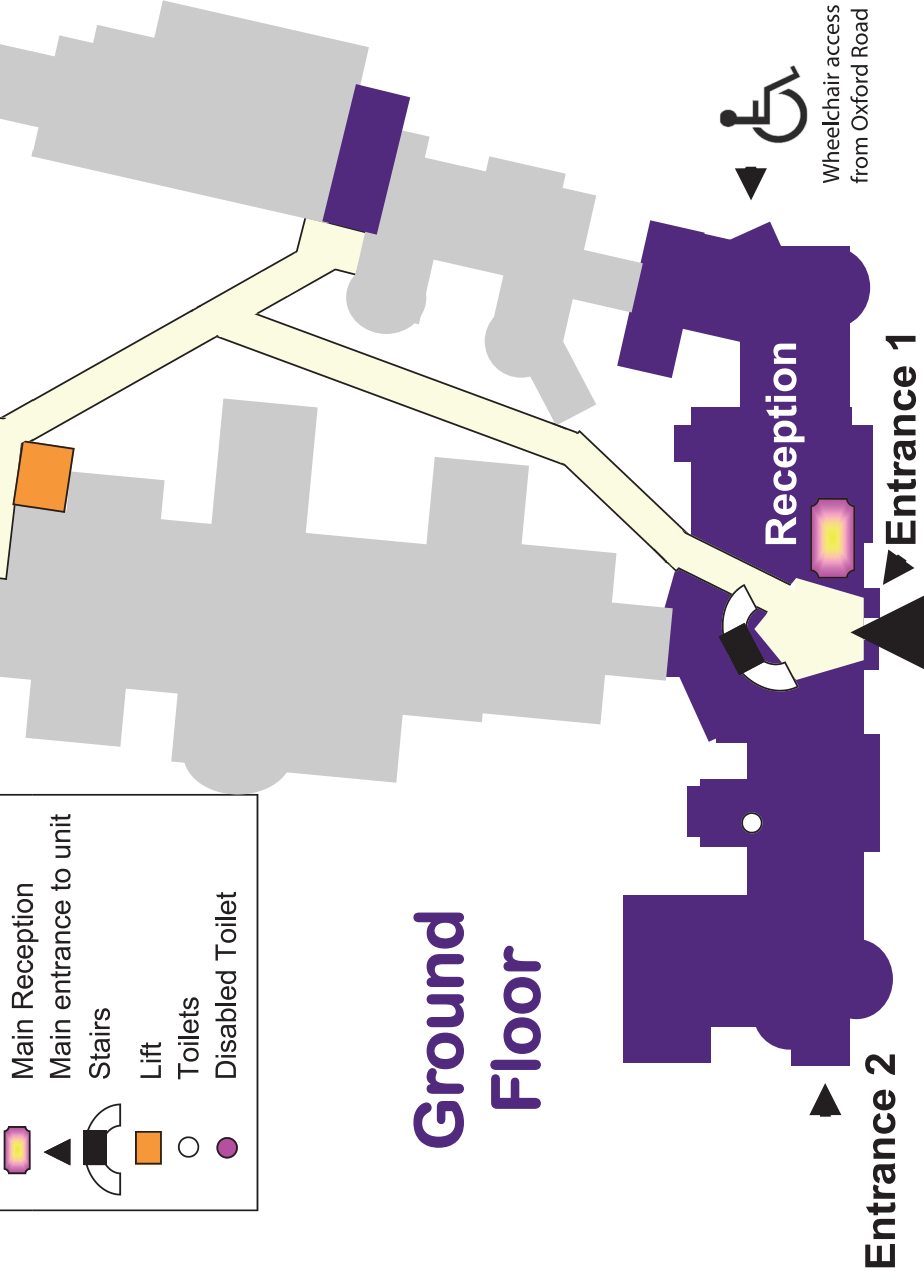
Keep the sample at body temperature while being transported to the laboratory, for example by carrying it in an inside pocket. Excessive cold or heat can damage the sperm.

To arrange your appointment, please email [andrology.lab@mft.nhs.uk](mailto:andrology.lab@mft.nhs.uk) or phone 0161 276 6473. We will not accept samples without an appointment.





# Ground Floor



Oxford Road

## Results

The results of your samples will be sent to the Doctor who requested the test. Please contact them for your results.

## How to find us

Please follow the directions on the map given on pages 4 and 5.

The Andrology Laboratories are based in the Department of Reproductive Medicine in the Old Saint Mary's Hospital (Oxford Road) on the first floor. For more information on getting here, including car parking, please see <https://mft.nhs.uk/saint-marys/>

Please come to the main entrance and press the intercom. You will not be admitted before your appointment time.

For disabled access, please telephone the department in advance (0161 276 6473). We have a separate entrance just off Oxford Road (see map). Please press intercom on arrival.

For more information, contact  
Andrology Laboratories  
Old Saint Mary's Hospital  
Oxford Road  
Manchester  
M13 9WL

Phone: 0161 276 6473

Email: [andrology.lab@mft.nhs.uk](mailto:andrology.lab@mft.nhs.uk)

Web: [mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/](https://mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/)

Opening hours for enquiries:

Monday – Friday: 8.30 am to 4.00 pm. We are NOT open Saturday, Sunday or bank holidays.

## Privacy policy

For details of our privacy policy see [mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/](https://mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/)

## Complaints

If you have any concerns about this service please see our website: [mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/](https://mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/)

# Appointment

Once you have booked your appointment (see page 3) you can write it below:

Appointment date and time: \_\_\_\_\_

# Specimen details

Please complete this form and bring it with you to the laboratory along with your sample and the request form.

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date of specimen \_\_\_\_\_

Time passed \_\_\_\_\_

Time since last intercourse/masturbation \_\_\_\_\_ days.

I consent that any surplus specimen may be used for teaching and/or quality control.

Yes/No \*

This is a complete sample Yes/No \*

\*(Delete as applicable)

 Signed \_\_\_\_\_

## No Smoking Policy

Please protect our patients, visitors and staff by adhering to our no smoking policy. Smoking is not permitted in any of our hospital buildings or grounds, except in the dedicated smoking shelters in the grounds of our Hospital site.

For advice and support on how to give up smoking, go to [www.nhs.uk/smokefree](http://www.nhs.uk/smokefree).

## Translation and Interpretation Service

It is our policy that family, relatives or friends cannot interpret for patients. Should you require an interpreter ask a member of staff to arrange it for you.

تنص سياستنا على عدم السماح لافراد عائلة المرضى او اقاربهم او اصدقائهم بالترجمة لهم. اذا احتجت الى مترجم فيرجى ان تطلب ذلك من احد العاملين ليرتب لك ذلك.

بماری یہ پالیسی ہے کہ خاندان ، رشتہ دار اور دوست مریضوں کے لئے ترجمہ نہیں کر سکتے۔ اگر آپ کو مترجم کی ضرورت ہے تو عملے کے کسی رکن سے کہیں کہ وہ آپ کے لئے اس کا بندوبست کر دے۔

ইহা আমাদের নীতি যে, একজন রোগীর জন্য তার পরিবারের সদস্য, আত্মীয় বা কোন বন্ধু অনুবাদক হতে পারবেন না। আপনার একজন অনুবাদকের প্রয়োজন হলে তা একজন কর্মচারীকে জানান অনুবাদকের ব্যবস্থা করার জন্য।

Nasze zasady nie pozwalają na korzystanie z pomocy członków rodzin pacjentów, ich przyjaciół lub ich krewnych jako tłumaczy. Jeśli potrzebują Państwo tłumacza, prosimy o kontakt z członkiem personelu, który zorganizuje go dla Państwa.

Waa nidaamkeena in qoys, qaraaboamasaaxiiboaysanu tarjumikarinbukaanka. Haddiiad u baahatotarjumaankacodsoxubinka mid ah shaqaalahainaykuusameeyaan.

我们的方针是，家属，亲戚和朋友不能为病人做口译。如果您需要口译员，请叫员工给您安排。



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[www.mft.nhs.uk](http://www.mft.nhs.uk)

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