

Vasectomy Semen Analysis

Saint Mary's Hospital
Department of Reproductive Medicine
Andrology Laboratories



Introduction

After your operation you may resume having intercourse as soon as you feel able. Use contraception until the doctor who performed your vasectomy operation informs you that the post vasectomy semen sample was clear. Your referring doctor will be notified with the results. If there are still sperm in the specimen, your doctor will re-refer you, if necessary, for further post vasectomy checks.

These instructions are based on the 2016 Laboratory guidelines for post-vasectomy semen analysis: Association of Biomedical Andrologists, the British Andrology Society and the British Association of Urological Surgeons.

When to bring the first specimen

The first specimen for examination should be produced at a minimum interval of 12 weeks post-surgery and after producing at least 20 ejaculates (2016 Laboratory guidelines for post-vasectomy

semen analysis). Abstinence should be between 2 and 7 days and the whole ejaculate must be collected. It must be delivered directly to the laboratory within 4 hours of being produced.

When to bring further specimens

If non-motile sperm are observed in the first sample then your clinician will ask you to produce further samples to be examined by the laboratory within 1 hour of production.

Delivery of your sample

As a fresh sample is essential for this test it must be brought to the laboratory within four hours of it being passed at home. You must arrange an appointment time to deliver your sample. You will not be admitted to the building without an appointment.

NOTE: USING A PUBLIC TOILET TO PASS YOUR SAMPLE IS AGAINST THE LAW

Instructions for collecting the semen sample

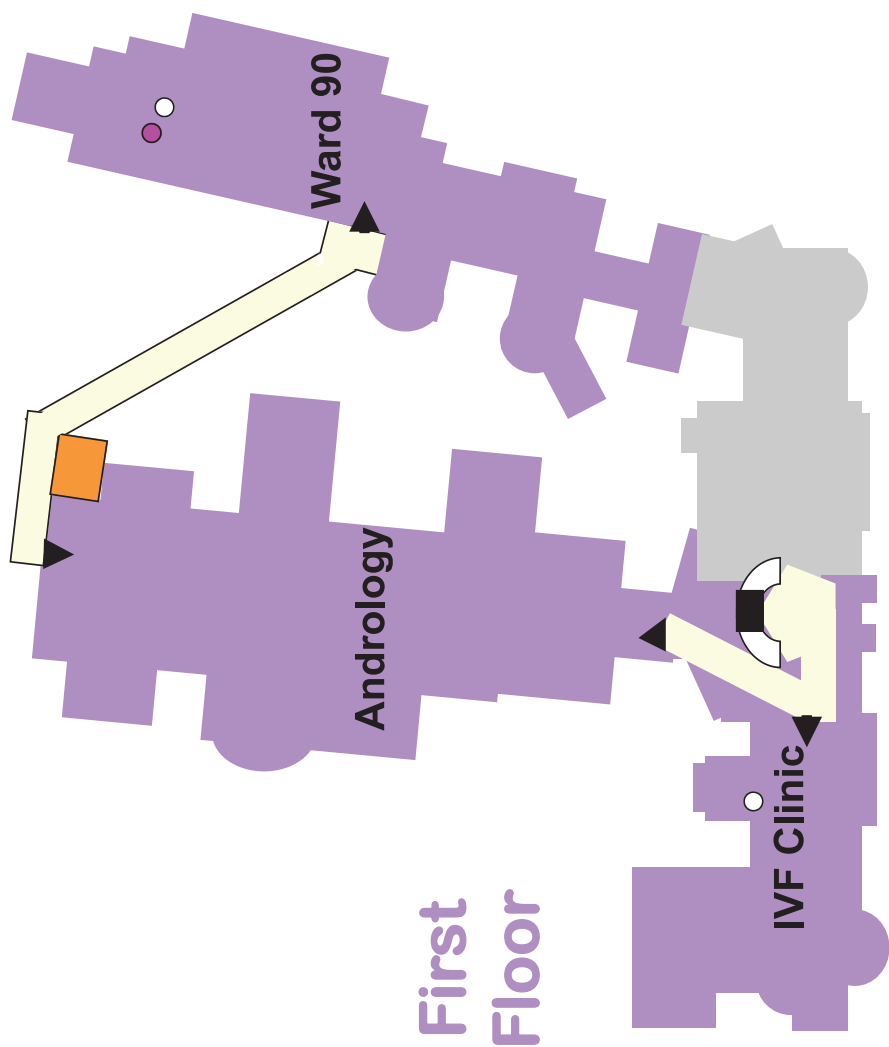
- You should abstain from intercourse or masturbation for between 2-7 days (three to four days is best) prior to providing the specimen.
- The sample must be obtained by masturbation (manual stimulation) and should be collected directly into the specimen container provided. A condom and/or artificial lubrication must not be used for semen collection as it will kill the sperm.
- The complete specimen is needed for this examination, so if any of your specimen is spilt, you must tell us, as a repeat specimen may be required.

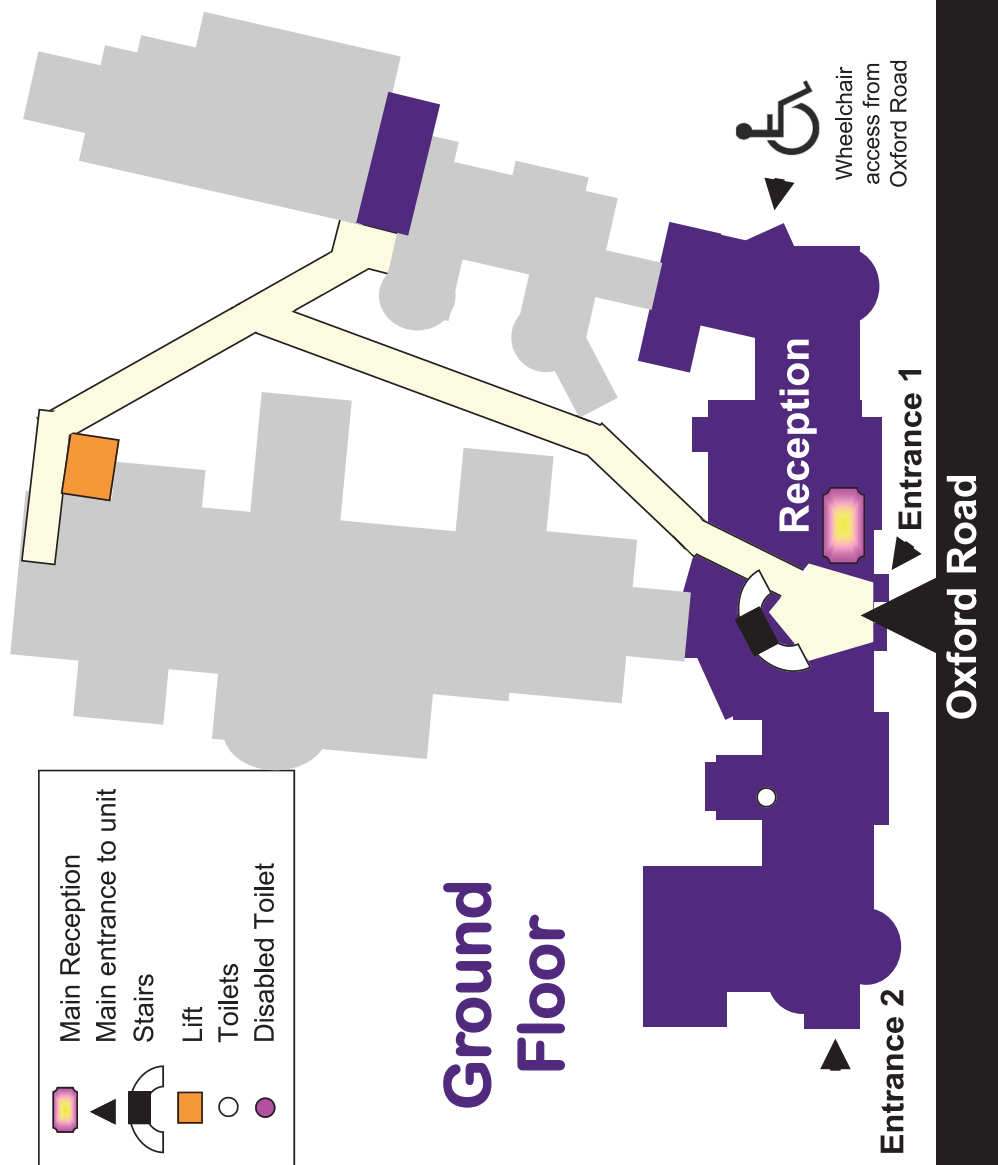
- The complete specimen is needed for this examination, so if any of your specimen is spilt, you must tell us, as a repeat specimen may be required.
- Label the specimen container with your full name, date of birth and the date and time the specimen was passed.
- Ensure the top is screwed on tightly so that it does not leak and then place the container into the biohazard bag provided.

Please do not post the specimen to us.

Sample identification

- Please ensure that your full name and date of birth are on the label of the specimen container. We cannot process unlabelled or poorly labelled samples.
- Please ensure that your name, date of birth and the requesting Doctor's details are on the request form provided.
- Make sure that you complete and sign the specimen details form on page 7 of this booklet.





Arranging your appointment

- To arrange your appointment, please email andrology.lab@mft.nhs.uk or phone 0161 276 6473. We will not accept samples without an appointment.
- Deliver the sample to the Department of Reproductive Medicine, Andrology Laboratories at the Old Saint Mary's Hospital within **4 hours** of passing the sample.

Results

The results of your samples will be sent to the Doctor who requested the test. Please contact them for your results.

How to find us

Please follow the directions on the map given on pages 4 and 5. The Andrology Laboratories are based in the Department of Reproductive Medicine in the Old Saint Mary's Hospital (Oxford Road) on the first floor. For more information on getting here, including car parking, please see <https://mft.nhs.uk/saint-marys/>

Please come to the main entrance and press the intercom. You will

not be admitted before your appointment time.

For disabled access, please telephone the department in advance (0161 276 6473). We have a separate entrance just off Oxford Road (see map). Please press intercom on arrival.

For more information, contact Andrology Laboratories, Old Saint Mary's Hospital, Oxford Road, Manchester, M13 9WL
Phone: 0161 276 6473
Email: andrology.lab@mft.nhs.uk
Web: mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/

Opening hours for enquiries:
Monday – Friday: 8.30 am to 4.00 pm. We are NOT open Saturday, Sunday or bank holidays.

Privacy policy

For details of our privacy policy see mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/

Complaints

If you have any concerns about this service please see our website: mft.nhs.uk/saint-marys/services/gynaecology/reproductive-medicine/andrology/

Appointment

Once you have booked your appointment (see page 3) you can write it below:

Appointment date and time: _____

Specimen details

Please complete this form and bring it with you to the laboratory along with your sample and the request form.

Name _____

Address _____

Date of specimen _____

Time passed _____

Time since last intercourse/masturbation _____ days.

Date of operation _____

This is a complete sample Yes/No *

*(Delete as applicable)

I consent that any surplus specimen may be used for teaching and/or quality control.

Signed _____



No Smoking Policy

Please protect our patients, visitors and staff by adhering to our no smoking policy. Smoking is not permitted in any of our hospital buildings or grounds, except in the dedicated smoking shelters in the grounds of our Hospital site.

For advice and support on how to give up smoking, go to www.nhs.uk/smokefree.

Translation and Interpretation Service

It is our policy that family, relatives or friends cannot interpret for patients. Should you require an interpreter ask a member of staff to arrange it for you.

تنص سياستنا على عدم السماح لافراد عائلة المرضى او اقاربهم او اصدقائهم بالترجمة لهم. اذا احتجت الى مترجم فيرجى ان تطلب ذلك من احد العاملين ليرتب لك ذلك.

بماری یہ پالیسی ہے کہ خاندان ، رشتہ دار اور دوست مریضوں کے لئے ترجمہ نہیں کر سکتے۔ اگر آپ کو مترجم کی ضرورت ہے تو عملے کے کسی رکن سے کہیں کہ وہ آپ کے لئے اس کا بندوبست کر دے۔

ইহা আমাদের নীতি যে, একজন রোগীর জন্য তার পরিবারের সদস্য, আত্মীয় বা কোন বন্ধু অনুবাদক হতে পারবেন না। আপনার একজন অনুবাদকের প্রয়োজন হলে তা একজন কর্মচারীকে জানান অনুবাদকের ব্যবস্থা করার জন্য।

Nasze zasady nie pozwalają na korzystanie z pomocy członków rodzin pacjentów, ich przyjaciół lub ich krewnych jako tłumaczy. Jeśli potrzebują Państwo tłumacza, prosimy o kontakt z członkiem personelu, który zorganizuje go dla Państwa.

Waa nidaamkeena in qoys, qaraaboamasaaxiiboaysanu tarjumikarinbukaanka. Haddiiaad u baahatotarjumaankacodsoxubinka mid ah shaqaalahainaykuusameeyaan.

我们的方针是，家属，亲戚和朋友不能为病人做口译。如果您需要口译员，请叫员工给您安排。



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