

Information for Patients

Advice following treatment to your cervix

What to expect after your treatment

Having recently undergone treatment to your cervix, you can reasonably expect any or all of the following to occur:

- Cramping pains.
- Watery discharge.
- Light bleeding, which may last two to four weeks.

If you develop severe pain or bleeding heavier than a period, please contact the Colposcopy Clinic. Out of office hours, please contact the Emergency Gynaecology Unit located at Wythenshawe Hospital (see contact numbers below).

Following your treatment, to minimise the risk of infection and other complications, we recommend you:

- Avoid intercourse for 4 weeks.
- Please use sanitary towels if you are bleeding, do not use tampons/menstrual cups for 4 weeks
- Avoid strenuous exercise and swimming for 2 weeks.
- Avoid baths if possible and shower only for 2 weeks.

If you have had treatment for abnormal cells, in most cases you will require a follow up cervical screening test to check for HPV in six months' time. We will confirm this with you when you attend.

If you have any queries or concerns, please contact the department you require:

To cancel/change appointments

(0161) 276 6365 (8.30 am - 3.00 pm)

For result enquires, contact the Colposcopy Secretaries

(0161) 701 6922/276 6387 (8.30 am - 5.00 pm)

For non-urgent clinical advice within hours, contact the Nurse Colposcopists

(0161) 276 5485 (8.00 am - 5.00 pm)

For urgent clinical advice or advice out of hours, contact the Emergency Gynaecology Unit - located at Wythenshawe Hospital

(0161) 291 2561

 <https://mft.nhs.uk/saint-marys/services/gynaecology/colposcopy/>