

Greater Manchester Rapid Access Anaphylaxis Clinic (GMRAAC)

Patient Information to be given to or discussed with the patient before discharge

What should you expect from the GMRAAC appointment?

- A focussed assessment of what happened during the recent reaction
- A review of the documentation from the recent reaction
- An additional blood sample may be required – but this will not be for an allergy test
- Advice on how to manage any future allergy including what to do, when to call for help and how to use anti-allergy medications
- Discussion and advice on avoidance, if a clear trigger is identified
- To plan allergy investigations, if required (allergy investigations cannot be carried out this close to a reaction and are usually carried out no sooner than 4 to 6 weeks after)

What not to expect from the GMRAAC appointment?

- Allergy tests will not be carried out at this initial assessment as they are not reliable this close to an allergic reaction
- An extensive review of all possible or past allergies or any other unrelated health problems