

The MRI Rapid Access Anaphylaxis Clinic Instructions for Referrers

Aim of the clinic:

- To see patients within 7 days of an event
- To record details of the event and take blood for baseline tryptase (if required)
- To discuss if carriage of self-injectable adrenaline should be considered
- To discuss an emergency management plan in case of further events
- To plan future allergy testing (if relevant)

Suitable referrals include:

First presentation with anaphylaxis from the community

Exclusions from the clinic (referrals will be rejected):

- Incomplete patient details / contact details
- Drug allergy suspected (refer via the normal route)
- Anaesthetic drug allergy (refer via AAGBI form - <http://bit.ly/aagbiref>)
- Where the clinical features were not severe / consistent with the NICE CG 134 definition of anaphylaxis

How to refer

Please provide all patients referred with a copy of the patient information (<http://www.cmft.nhs.uk/media/856665/gmraac%20patient%20info.pdf>)

For patients from / in the MRI

Preferably refer patients using the ICE electronic referral, but if not accessible use the paper form on the web page

(<http://www.cmft.nhs.uk/media/856668/gmraac%20referral%20form.pdf>)

If in doubt please call the department to discuss on 0161 2766468

For patients outside of the MRI

Refer using the paper form on the web page

(<http://www.cmft.nhs.uk/media/856668/gmraac%20referral%20form.pdf>)