

Information for Patients

CT Colonography: Aftercare

At the end of your examination if you are feeling well you will be allowed to get dressed and go home. You can return to your normal eating and drinking pattern. We recommend that you drink plenty of fluids for the following 2 days.

Although the carbon dioxide used to inflate your bowel is absorbed quite quickly following the procedure, some minor abdominal discomfort may remain for 1-2 hours. Returning to your normal diet and moving around will help ease any remaining discomfort. Pain relief medication may be taken if you wish.

If you experience any of the following symptoms over the next 4 days:

1. Severe abdominal pain.
2. Increasingly painful abdominal discomfort.
3. Sweating and nausea.
4. Feeling generally unwell.

Please seek urgent medical advice from your GP or if out of hours from your local accident and emergency department. (GP hours may vary).

If you have been given Buscopan:

You may have been given an injection of Buscopan, which is used to relax the muscles in the bowel wall, during your examination. Blurring of your vision can be a side effect of this injection, although this side effect is short lived, usually about 30 minutes. If you do experience this blurring please make sure your vision has returned to normal before driving.

You are advised to seek medical help if you develop painful blurred vision within 48 hours of this test as, in very rare cases, this injection can cause an underlying condition called Glaucoma. Please seek urgent medical advice from your GP or if out of hours from your local accident and emergency department. (GP hours may vary).

How do I find out the results of my scan?

The doctor or clinic that asked us to perform your test will receive the results; they will contact you with a follow-up appointment.

How can I provide feedback for the appointment I have attended today?

The Division of Imaging welcomes feedback from all our patients. We actively take part in the Friends and Family Test and we complete a patient experience questionnaire every month to obtain feedback on the experiences you have had. Please speak to a member of staff regarding the feedback or there are posters within the department with QR codes so you can complete these online.

Contact us

If you have any other queries or concerns please contact the GI Radiographers on the contact details on your appointment letter Monday to Friday 8.00 am – 5.00 pm.

Alternatively, please E-mail: giradiographers@mft.nhs.uk

Language and accessible support services:

If you need an interpreter or information about your care in a different language or format, please get in touch.

Your comments and concerns

If you would like to provide feedback you can:

- Ask to speak to the department lead / manager.
- Write to us: Patient Advice and Liaison Services, 1st Floor, Cobbett House, Manchester Royal Infirmary, Oxford Road, Manchester, M13 9WL.
- Log onto the Patient Opinion website www.patientopinion.org.uk/ click on 'Tell your Story'

If you would like to discuss a concern or make a complaint:

Ask to speak to the department manager – they may be able to help straight away.

Inpatients can speak to a senior nurse or manager by contacting the Tell Us Today service on (0161) 701 1999.

Contact our Patient Advice and Liaison Service (PALS) on (0161) 276 8686 email: pals@mft.nhs.uk. Ask for our information leaflet.

We welcome your feedback so we can continue to improve our services.

NHS 111

This service offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day.

Telephone: 111, 24 hours a day

Website: www.111.nhs.uk