



CDC Newsletter

June – July 2023



The Community Diagnostic Centre (CDC) Model

CDCs provide a broad range of elective diagnostics (including checks, scans and tests) away from our major hospital sites such as Manchester Royal Infirmary, Wythenshawe Hospital and North Manchester General Hospital.

This not only reduces pressure on our hospitals, but provides our patients with better access to diagnostic appointments with shorter waiting times.

The Manchester and Trafford CDC programme operates as a large 'Hub and Spoke' model, with a main hub located at Withington Hospital, and smaller spoke sites at Trafford General Hospital, and pending case approval by NHS England, a north Manchester site in Harpurhey.

The services included in the CDC model include:

- Imaging (CT, MR, NOUS, Plain Film, DEXA)
- Endoscopy
- Respiratory lung function testing
- Cardiology testing
- Sleep studies
- Phlebotomy
- Ophthalmology Assessments

MFT hold inclusive CDC recruitment event

On the 13th June we held our first inclusive recruitment event, designed to promote a variety of roles across our CSS administration and support teams. The event set out to provide routes into employment away from traditional recruitment channels, with attendees being interviewed on the day.

It was a great event with over 170 individuals in attendance, with MFT staff supported by colleagues from Manchester Adult Education Services, National Careers Service, DWP and Manchester College.

Plans for a new £14.2m CDC building announced



MFT are bringing forward proposals for a purpose-built CDC at Withington Community Hospital.

The new centre would represent a record £14.2 million investment in the site to date and would deliver vital cardiorespiratory and endoscopy services in the heart of the community.

The planning application for the site is due to be submitted in late June, and we'll keep you updated as the application process progresses.





Introducing our new Community Care Navigator team!

We're delighted to share that our new Community Care Navigator team is now in post! The team sit within CSS and support the CDC Hub and Spoke model, working with and supporting the various diagnostic modalities at our hospitals.

Specifically, the team will support in helping patients to access diagnostic appointments by removing potential barriers, signposting to relevant services and resources and coordinating transport, with the overall aim of reducing health inequalities. The team also work alongside community groups to promote and support the new diagnostic testing services and equalities fund.

Meet the team: Janine Carrington



Janine joined MFT in January 2023 as a Trainee CDC Care Navigator as one of a team of 8 new CDC Care Navigators led by the Community Engagement Lead.

On joining the Trust Janine also started an apprenticeship in Community Health & Wellbeing Worker at Level 3. Janine said, ***"I am enjoying my job role because it is challenging and interesting, I get to study whilst I work doing my apprenticeship. I have the opportunity to work in different departments and see how other staff work, learning new skills finding out about the different diagnostics but more importantly speaking with patients."***

"Patients are what makes my job feel worthwhile and I feel like I have a purpose. I've had some positive feedback from staff in other departments saying I'm very supportive and am a great help. Anastasia in Ophthalmology also said that I have inspired her to do an apprenticeship, which was lovely to hear."

CDC Equalities Fund Launched

In March 2023, the CDC Equality Group launched the Equalities Fund, with £134,000 awarded to nine voluntary, community or social enterprise (VSCE) organisations across Manchester and Trafford to help address health inequalities.

To raise awareness of our CDCs and to get feedback on the barriers to attending diagnostic appointments amongst the female South Asian community, our Community Care Navigators recently attended an engagement session led by the Flowhession Foundation.

Those in attendance shared the need for flexible interpreting approaches, as some patients feel more comfortable sharing intimate information with family members rather than interpreters.

We're looking forward to engaging with more community groups moving forward!





Spotlight on... Imaging

About Imaging

The Imaging service is an integral part of the CDC model. The CDC Programme procured a new state of the art MR scanner and a new 128 slice CT scanner, enabling the provision of high-quality images in a comfortable, relaxed environment for patients. These new scanners have also increased the number of diagnostic appointments available for patients in the wider MFT Imaging service.



**Siemens GO TOP
128 Slice CT Scanner**



**Siemens Magnetom Sola
1.5T MR Scanner**

Facts and Figures



The service covers 8am-8pm seven days a week over Withington and Trafford Hospitals, excluding Christmas Day and Boxing Day. The CT averages 36 scans a day and the MR averages 20 scans a day.



Adult Services across both modalities include contrast and non-contrast scanning for patients on urgent and routine pathways. The service also offers Non-Obstetrics Ultrasound Scans (NOUS), as well as Ultrasound-Guided Joint Injections.



During the month of April 2023, Imaging provided over 1,700 of these tests to patients across both the Withington and Trafford sites, including over 500 MRI scans, and over 800 CT scans.

Meet some of the team



**David Tomkinson – Principal
CT Radiographer**

Responsible for the running and staffing of the 18-person CT Unit



**Junior Ndlovu – Principal MR
Radiographer**

Responsible for the running and staffing of the 10-person MR Unit



**Khushbuben Rajput –
Radiology Dept Assistant**

Supports the radiographers and patients to ensure smooth running of lists.

