

## My Likes

I like talking about games and watching gamers on Youtube play Roadblocks and Minecraft.

like Geography and 'finding out about how the world happened and how planets work.'

I space and learning about how people walked on the Moon.



## My Strengths

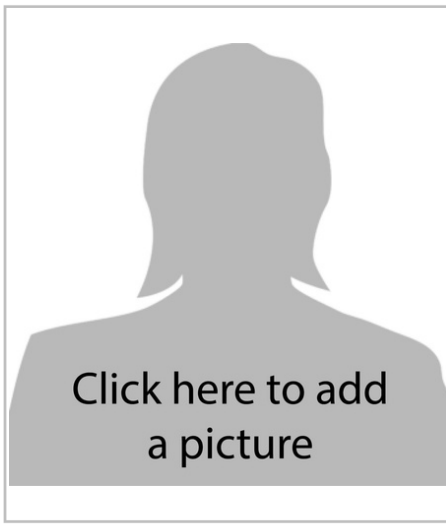
I am very tactile and I like hugs from people that I trust such as my mum.

## Everyday Information

Please call me Thomas, I do not like nicknames.

# ABOUT ME

Name: Thomas



## Keeping Me Safe and Well

I do not like busy environments, bright lights, glass corridors (perception changes which can make me feel scared) and unexpected noises.



## How I Communicate

I am able to communicate verbally, sometimes I do not wish to engage in my consultations. I will be listening but I may not speak.

## Other

I would like to access the sensory room and the roof garden.

Date written: \_\_\_\_\_

Updated by: \_\_\_\_\_

## Things I Need Help With

I require social stories to help me understand what is going to happen at my appointments.

I will require a sideroom and support with accessing a quite area.

## How to Support Me

I do not like unpredictability, please give me structure. I need to be told what will happen. If my appointment is delayed, then please explain 'there are lots of patients here thats why your appointment is delayed.'

I do not like when people are in my personal space, please take a step back.

I do not like demands, please avoid placing demands on me, instead say 'lets have a look at this XRay, can you see what it can do.'



# MORE ABOUT ME

## How to prepare me for hospital

**I benefit from visuals such as pictures, please help me with this, for example if you would like me to have an MRI, please show me what one looks like.**

## How to support me in hospital

**Please avoid multiple transitions where possible, if you can keep me in the same area then please do.**

**Please avoid the use of 'negative language' such as the word no, instead change the subject.**

**I benefit from short sentence, please use 3 to 8 words to help me understand.**

**I am a literal thinker so please avoid sarcasm.**

## My sensory needs and my routine

**Hunger and Thirst can cause me to experience distress.**

**I do not like busy environments, I benefit from ear defenders.**

**Please let me know why touch is required before touching me.**

**I do not like strong smells such as the smell of cooked foods.**

**I like the smell of Lemon and Oranges.**

**I do not like artificial lights, I like soft lighting and natural lighting.**

## My plans for transition to adult services

**Please include me in conversations related to me transition. Please show me pictures of what the adult Hospital looks like.**

Young Person/Parent/  
Carer Consent: I am  
happy for this profile to be  
shared on my behalf with  
other services as



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