

#### **Division of Laboratory Medicine**

Cellular Pathology

# **Histopathology - special stains**

### **Clinical Information**

Histopathology is the processing of tissue samples such as biopsies from a piece of tissue on to a glass microscope slide.

#### Extra testing - special stains

Special stains are a Histology technique used to see different parts of tissue and cells. Special stains help to see the make-up of tissues. This helps in the recognition of different parts of the tissue, such as proteins, lipids (fats), carbohydrates, nucleic acids, or minerals. Special stains help the pathologist to diagnose the patient.

## **Special stains examples**

**Periodic Acid-Schiff (PAS)**: Detects carbohydrates, such as glycogen or mucins, which are dyed purple. This is also used to detect fungi (**Picture 1**).

**Gram**: Used to find different types of bacteria (germs/bugs/infection) in tissue samples. Identifying the type helps doctors to choose the right treatment.

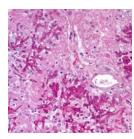
The dye splits bacteria into two main groups:

Gram-positive and gram negative bacteria. Gram positive are dyed purple colour. Cause skin infections. Examples are *Staphylococcus* or *Streptococcus*. Gram-negative bacteria: dyed pink or red colour.

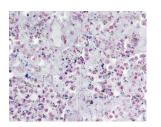
Cause urinary tract (UTI) and gastrointestinal infections (stomach bugs, food poisoning). Examples are *Escherichia coli* or *Pseudomonas* species. (**Picture 2**)

Masson's Trichrome: used to differentiate between connective tissue, muscle, and cytoplasm. This staining method is used to help diagnose fibrosis (scarring), and connective tissue disorders. (Picture 3)

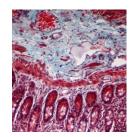
Picture 1 - PAS Fungi



Picture 2 - Gram showing gram positive bacteria



Picture 3 - Masson Trichrome



Tissue retention: Special stains slides are kept for 15 years before being disposed as part of patient record. This is in line with current RCPath and HTA guidelines.

(Last updated August 2025)