

Eligibility Criteria

Which medicines are included in this service?

Specialists and NHS England decide which medicine exposures are included in this service. These are exposures known to carry a higher risk of affecting a baby's development during pregnancy. At present, the service focuses on certain anti-seizure medicine exposures where there is clear evidence of possible physical or developmental effects on a child. The list of these eligible exposures medicines is regularly reviewed and updated as new information becomes available.

Referral to the FEMS clinic

You may be referred to the FEMS clinic if you or your child is living in the North of England with health (physical or neurodevelopmental) concerns and were:

- exposed to one or more of the listed medicines during pregnancy, and
- you or your child have health or developmental concerns that may be linked to this exposure

It is important to be aware that not all anti-seizure medicines are thought to cause problems for the baby when taken during pregnancy. Information about the individual medicines below can be found in the product leaflet in the packet. Information specific to using some of the medicines during pregnancy is at [Bumps – Best use of medicines in pregnancy](#)

Medicine List
Anti- seizure medicines (n=5) • Carbamazepine • Phenobarbital • Primidone • Topiramate • Valproate