

Advice Following A Cystoscopy (an examination of the inside of your bladder)

- You must arrange for a responsible adult to collect you from hospital and transport you home.
- Any NEW medications will be given to you on discharge and a sick note may be obtained to cover your stay in hospital. Further sick notes can be obtained from your GP.
- Any follow up appointments will be sent to you by a letter to your home address.

It is important in the 24 hours after having a general anaesthetic you should avoid:

- Being left in the house alone or looking after young children.
- Driving – it is advisable to check with your insurance company as to when you can start driving again.
- Operating machinery (this includes cookers and other domestic appliances).
- Making any important decisions or signing any legal documents.
- Drinking alcohol.

Recovering from a Cystoscopy

- Once home, it is sensible to drink plenty of water for the first 24 hours. This helps flush your bladder and urethra.
- Patients may experience a slight burning sensation when passing urine.
- You may see blood in your urine for 24 hours.
- If you have had a biopsy you may notice some blood in your urine 10-14 days after the procedure. This is the scab falling off which is normal.
- If you need pain relief you can take simple pain killers such as paracetamol.

Most people have no problems following a cystoscopy, but you should contact your GP if you develop any of the following symptoms:

- Inability to pass urine.
- A high temperature.
- Severe burning sensation and an unpleasant smell when passing urine.
- Persistent blood or blood clots in your urine.

Alternatively you can phone the Urology Ward F3 at Wythenshawe Hospital for advice:

Tel no - 0161 291 2208