

Manchester University NHS Foundation Trust (MFT) Stool Test Kit - Instructions

Following your visit to your GP, your doctor has asked you to complete a test that looks for tiny amounts of blood in your stool sample.

1. BEFORE YOU BEGIN

It is important to do the test as soon as possible but do not collect the sample if you have loose, watery stools.

Once you have completed the test, return the kit straight away to your GP.



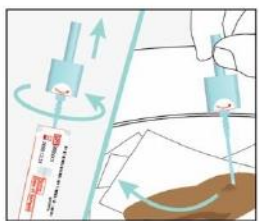
2. START HERE

Check your name and date of birth are correct on the collection tube and **write the date of sample collection on the label** - as shown in the diagram on the left.



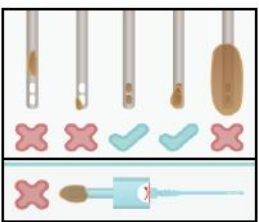
3. CATCHING YOUR SAMPLE

Use several layers of folded toilet paper to catch your sample - as shown in the image on the left. **It is important your sample does not touch water.**



4. COLLECTING THE SAMPLE

Unscrew the top of the sample tube anti-clockwise and scrape the end of the stick along the stool sample - as shown in the image on the left.



5. COLLECTING THE SAMPLE

Ensure the dimples at the end of the stick are covered in stool, **but not too much**. Replace stick into the tube and twist clockwise. **Please do not apply stool sample to the outside of the tube.**



6. PACKING THE SAMPLE

Place the sample collection tube in the packaging supplied and **return to the GP as soon as possible.**

Please contact your GP if you have any questions about sample collection