

# Patient Information: Posaconazole

## What is Posaconazole?

Posaconazole belongs to a group of drugs called triazoles that kill the Aspergillus fungus by preventing it from growing.

It is available as a 100mg tablet and a liquid; the tablets are usually used as the liquid is poorly absorbed.

## How should I take my Posaconazole?

Always take this medicine as directed by your Hospital Doctor or Aspergillosis Specialist Nurse/Pharmacist. The tablets should be swallowed whole with or without food.

If you are pregnant, planning a family or if you are breastfeeding speak to your Doctor before using this medicine.

## How much should I take?

The usual dose for aspergillosis is 300mg twice daily for 1 day then 300mg once a day with or without food.

If you require liquid your Hospital Doctor or Specialist Nurse/Pharmacist will advise you on the dose you should take.

## Is any monitoring required?

To check the level of Posaconazole in your body your Doctor will perform a blood test when you come to clinic or via our postal pack service if you are being seen virtually, the dose may be altered by your Hospital Doctor or Aspergillosis Nurse/Pharmacist depending on this result. It is essential that you undertake this monitoring as instructed to ensure that you are on a safe and effective dose, if we are unable to monitor your antifungal therapy appropriately your treatment would need to be stopped.

Your liver and renal function will be monitored either in clinic or at your GP surgery whilst you are on antifungal therapy.

## Should I expect any side effects?

The most common side effects are nausea, vomiting, abdominal pain, diarrhoea, indigestion, flatulence, dry mouth and raised blood pressure.

Posaconazole can cause peripheral neuropathy (tingling/numbness in hands and feet) if you experience any of these side effects please seek prompt medical attention.

Another possible side effect of Posaconazole is that it can upset your liver, so it is important for you to be aware of how to recognise this. Symptoms may include; anorexia, nausea, vomiting, fatigue, abdominal pain, jaundice and dark urine. If you experience any of these symptoms it is very important to seek prompt medical attention.

### **What should I do if I have any side effects?**

Do not hesitate to contact your Hospital Doctor or Aspergillosis Specialist Nurse/Pharmacist if you experience any side effects especially those not listed in the patient information leaflet.

### **Can I take it with my other medicines?**

Posaconazole can interact with many medicines. For more details on the medicines you cannot take with it; please refer to the patient information leaflet, speak to your Hospital Doctor, Pharmacist or Aspergillosis Specialist Nurse. You should inform your Hospital Doctor, Pharmacist or Specialist Nurse about any new medicines so they can check for interactions with Posaconazole.

### **What if I forget to take it?**

Take the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. **DO NOT** take a double dose to make up for a forgotten dose

### **What if I take too much?**

If you think that you may have taken too much Posaconazole, talk to a Doctor or go to the hospital straight away.

### **How should I store it?**

Posaconazole should be stored in the original container at room temperature, keep out of the reach and sight of children

If you experience any unusual side-effects, are worried or have any questions, please feel free to contact the **Aspergillosis Nurses 0161 291 5429**.

More information can be found in the medicine box insert or on-line at [www.aspergillosis.org](http://www.aspergillosis.org)