

Information for Patients

Following Lid Surgery

Following surgery:

- Please do not rub or touch your eye.
- Rest quietly for the remainder of the day, avoiding lifting, and bending.
- Your face and mouth may feel numb following your anaesthetic. This is normal and will wear off gradually.
- Keep your head raised as much as possible when lying down, by using three or more pillows. This helps to reduce swelling.
- You may feel some discomfort for 2-3 days after your operation. Taking paracetamol can help relieve this. If you have severe pain, please contact the hospital on the numbers given overleaf.
- Your eyelid and cheek may also be bruised and swollen. This is normal and could last for 2-3 weeks.
- To help reduce any swelling you can use icepacks. Wrap the ice pack in a clean tea towel before applying to prevent burns. Apply icepacks for **15 minutes** within every hour whilst awake fordays.

Specific instructions:

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General instructions following your operation:

If there is oozing, wipe your eyelids with clean cotton wool or tissues dipped in cooled boiled water. Use the cotton wool or tissue only once and then throw it away. Always wash your hands thoroughly before and after touching your eye.

Please follow the directions carefully on using your drops/ointment, as they are very important. Keep using your drops/ointment as instructed. Always wash your hands thoroughly before and after using your drops/ointment.

You should contact the hospital on the numbers below if:

- You have excessive pain.
- You have a sudden loss or reduction in your vision.
- Your eye becomes very sticky.
- Your eyelid becomes redder, swollen, or itchy after using your drops or ointment.

Day Surgery Centre on **(0161) 276 5603** available 7.30 am - 8.00 pm
Monday - Friday.

Outside of these hours Saturday, Sunday and Bank Holidays, you can contact staff at the **Emergency Eye Centre** on **(0161) 276 5599** available 8.00 am - 9.00 pm every day.

If your problem is urgent and the departments above are closed or you are unable to get an answer, please ring Ward 55 on (0161) 276 5512 available 24 hours every day.

If you have been discharged from hospital and have any worries, you can get help from your own GP.



