

Information for Patients

The Neuro-Ophthalmology Clinic

You have been asked to attend the Neuro-ophthalmology clinic in the Orthoptic and Paediatric Department at the Manchester Royal Eye Hospital. You will be seen by our team of doctors on your first visit.

Please bring along any glasses that you already have and any medication that you are taking.

You may also have some additional tests, which may include:

- **Orthoptic Assessment:** This will include an assessment of your vision and how you use both eyes together.
- **Refraction:** A test to show the eyes ability to focus.
- **Visual Fields:** A test to measure the area of vision in each eye, to find out if you can use the whole of the seeing part of your eyes.
- **Photographs.**
- **Blood tests, urine tests, blood pressure recording.**

Eye drops may be required to enlarge your pupil (black part at the centre of your eye) and these take about 20-30 minutes to take effect. These drops blur your vision for between 6-8 hours, although sometimes the effects may last longer. We advise that you do not drive yourself to the appointment and do not drive until your vision has returned to normal. You may wish to bring a pair of sun glasses to help with the glare, especially if it is a sunny day.

You may have several tests carried out in one visit to avoid multiple visits, therefore you should be prepared to be here for the whole morning or afternoon of the appointment.

Each patient requires individual treatment, and the team of doctors will advise on any treatment at your appointment.

If you are unsure of your treatment or need any further advice before or after you have visited the department, please contact a member of the team on (0161) 276 5538 Monday - Thursday 9.00 am - 5.00 pm, Friday 9.00 am - 4.00 pm where we will be able to discuss any questions you may have.