

Myasthenia Gravis

Information for Patients

If you have been diagnosed with myasthenia gravis you should be careful to avoid taking the following medications:

Antibiotics

- Colistin
- Kanamycin
- Streptomycin
- Tetracycline
- Telithromycin (Ketek ® – N.B. fatalities reported)

Cardiovascular

- Quinine
- Quinidine
- Procainamide
- Propranolol

Anti-convulsant

- Phenytoin

Bulk laxatives

- Reduce absorption of pyridostigmine

Hormones

- Corticosteroids
- Thyroxine

Psychotropic

- Lithium
- Promazine
- Penicillamine

Anti-rheumatic

- Penicillamine
- Chloroquine

Anaesthetics

- Muscle relaxants
- Lignocaine (systemic)

Other

- Magnesium

You should show this to your doctor, dentist, nurse, pharmacist or anyone else who wants to give you medicines for any reason.



EMERGENCY ALERT CARD



I have **myasthenia gravis (MG)**, a disease that can make me so weak that I might have difficulty standing or speaking clearly. In addition, I might have drooping eyelids, double vision and even difficulty breathing or swallowing. Sometimes these symptoms are mistaken for intoxication. However, if my breathing and swallowing difficulty is severe, I could be having an “MG crisis” that warrants emergency treatment.

If I appear to need help, please call an ambulance immediately.

You can also find further information about myasthenia gravis on these websites:

<http://www.mga-charity.org/>

<http://www.myasthenia.org/whatismg/faqs.aspx>