

Information for Patients

Important information about your eye ointment

The doctors and nurses will tell you about your eye medication including how often it needs to be used and for how long. You should tell the doctor about any other medicines you are taking.

- A nurse will be available to show you how to put your eye ointment in safely.
- Always wash your hands before and after you put your ointment in. This is to help prevent infection.
- Always put any prescribed drops in before you apply the ointment.
- If you are having more than one type of drop and ointment they will be labelled **A, B, C, etc.** This is the order they should be used. Leave at least **3 minutes** between each eye drop and before you apply the ointment.
- Avoid touching any part of your eye with the tip of the tube to avoid contamination of the ointment or causing injury to the eye.
- Hold your head back, gently pull down your lower eyelid to form a gap and squeeze half an inch strip of ointment along the inside of the lower eyelid. You might find that the ointment **makes your vision blurred**. This is normal. Wipe away any excess ointment with a clean tissue.
- Close your eye gently for a slow count of 60. This helps the ointment to work.
- Replace the lid on the tube immediately after use and store the ointment as instructed.
- Keep your eye clean. If the lids are sticky, clean them using clean cotton wool balls and **cooled** boiled water.
- If you lose or run out of your ointment before the end of your treatment, obtain additional supplies from your General Practitioner.
- Should you have any major concerns about your eye ointment, please contact a member of the pharmacy staff on (0161) 701 4302 Monday - Friday 9.00am - 5.00pm.