

Information for Patients

Use and Care of Your Conformer

It is very important to wash your hands thoroughly before inserting or removing the conformer.

Insertion

1. Wash hands thoroughly.
2. Look downwards.
3. Lift the upper eyelid and gently push the conformer upwards under the upper eyelid.
4. Look straight ahead and position the lower eyelid over the lower edge of the conformer.

Removal

Use the plastic extractor provided to remove the conformer using the following procedure:

1. Wash hands thoroughly.
2. Touch the conformer with extractor tip.
3. Push lower eyelid down with extractor tip until the tip is beneath the bottom edge of the conformer.
4. Look upwards as the handle of the extractor is brought downwards until nearly flat to the cheek.
5. Look downwards and the conformer is normally expelled.

Cleaning

The conformer should be removed and cleaned with cooled boiled water twice a day unless otherwise instructed.

It is important to keep the holes in the conformer clear as they allow ventilation, drainage and irrigation, which are very important during the healing process.

Department of Ocular Prosthetics: (0161) 276 5540

Monday – Friday 9.00 am – 4.00 pm

Answer phone available outside of these hours.