

Manchester Royal Eye Hospital Surgical Services

Information for Patients

The Day Surgery Centre at Manchester Royal Eye Hospital

The day surgery centre (Eye J) on the first floor of Manchester Royal Eye Hospital is a mixed unit attending to both male and female patients.

On leaving home please:

- Bring any prescribed medication, asthma or angina sprays with you.
- Do not wear nail varnish or make up.
- Leave jewellery and valuables at home.

On your arrival

A member of the clerical staff will greet you and check your name, address and GP details. You will be shown to the waiting room where you will wait to be seen by a member of staff. A friend or relative is welcome to accompany you during your stay in the unit; however, we feel it is not an appropriate area for children of patients or relatives and would appreciate it if you did not bring children with you, if at all possible. Please note that your arrival time is **not** your theatre time and you should be prepared to be within the unit for up to half a day.

Before your operation

A nurse will show you into the main preoperative room as soon as possible, where you will be seated in a reclining chair. A wardrobe will be available for you to lock your personal belongings and clothes in.

A nurse will identify themselves to you as your named nurse and they will be responsible for your care during your stay in the unit. The nurse will take a brief history, place a name band on your wrist and record your blood pressure and pulse. A blood sugar test will also be performed if you have diabetes.

You will be informed of the approximate time of your operation. It must be stressed that this is an approximate time as the theatre list is open to change in the event of patient cancellations, emergency procedures or surgery taking longer than expected. This could mean that your operation might be performed earlier or later than advised by your named nurse.

Nearer to the time of your operation, you will get changed into a theatre gown and hat. Staff will advise you of any clothing or jewellery that needs to be removed.

Your operation

A nurse will accompany you into the anaesthetic room where you will be introduced to the theatre nurse. The theatre nurse will check your name and hospital number with your case notes and assist you to get comfortable on the theatre trolley.

A nurse or doctor might place a needle into a vein in the back of your hand. This enables the medical staff to give you any medication you need during the operation or in the unlikely event of an emergency. Routine heart monitoring leads might be attached to your arms before surgery commences. There will be a nurse with you throughout the operation to make sure you are comfortable.

Following your operation

You will be transferred back to the day surgery unit where you will be seated back in your chair. You will be offered something to eat and drink, and made comfortable to ensure that you rest. The needle in the back of your hand will be removed once you have had something to eat and drink, and your blood pressure has been checked.

After approximately 30 minutes you will be able to change back into your own clothes. Depending on how you feel you will remain in the unit for approximately 45 minutes following your operation.

You will be given an information leaflet instructing you on to do and what not to do following your operation and information about your eye drops and an appointment advising you when you need to attend the hospital for your follow up. The nurse will discuss these with you.

Should you need to contact the hospital before your follow up appointment please do not hesitate to do so on the numbers below:

Day Surgery Centre (0161) 701 2909 Monday – Friday 7.30am – 8.00pm

If you require emergency treatment, you can contact the Emergency Eye Department which is open from 8.00am to 8.00pm every day. Outside of these hours please contact Ward 55 open 24 hours every day. These departments can be contacted via the hospital switchboard on (0161) 276 1234 asking to be put through to the Emergency Eye Department or the ward.

If you have any worries in between appointments, you should contact your consultant's secretary. The number can be found on the front of your appointment card. Please have your appointment card to hand, as this contains information that will help the secretary. If you have been discharged from the hospital you will need to consult your GP.

