

## Information for Patients

# The Neuro-Ophthalmology Clinic

You have been asked to attend the Neuro-ophthalmology clinic in the Orthoptic Department at the Manchester Royal Eye Hospital.

**Please bring along any glasses that you already have and any medication that you are taking.**

Eye drops may be required to enlarge your pupil (black part at the centre of your eye) and these take about 20-30 minutes to take effect. These drops blur your vision for between 6-8 hours, although sometimes the effects may last longer. We advise that you do not drive yourself to the appointment and do not drive until your vision has returned to normal. You may wish to bring a pair of sun glasses to help with the glare, especially if it is a sunny day.

You will have a series of diagnostic assessments to look at the functioning of your visual system, these may include:

- Visual acuity - a test to measure your level of vision.
- Colour vision - a test to measure your ability to tell differences between colours.
- Contrast sensitivity – a test to measure your ability to distinguish objects from the background.
- Pupil assessment – a test to check the appearance and function of the pupils.
- Visual Fields - test to measure the area of vision in each eye, to find out if you can use the whole of the seeing part of your eyes.

- Photographs – these allow us look at and keep a record of the health of your optic disc.
- Optical Coherence Topography (OCT) - a test that uses light rays to take pictures of the layers of the retina.

You may also require:

- Orthoptic Assessment - this will include an assessment of your vision and how you use both eyes together.
- Refraction - a test to show the eyes ability to focus.
- Blood tests, urine tests, blood pressure recording.

Following this you may be reviewed by a healthcare professional on the same day or depending on your condition you may be suitable for a virtual review. This means that you do not require a face to face assessment, but the results of the above tests will be reviewed by a healthcare professional and you will receive a letter outlining these results along with when you need to be followed up.

If you require several diagnostic tests and an assessment with a healthcare professional on the same day you should be prepared to be here for the whole morning or afternoon of the appointment.

Each patient requires individual treatment, and the team will advise on any treatment at your appointment.

If you are unsure of your treatment or need any further advice before or after you have visited the department, please contact a member of the team on (0161) 276 5533 Monday – Friday 9.00 am - 4.00 pm to discuss any questions you may have.