

## Information for Patients/Parents

# Using Eye Ointment Instructions

The doctors and nurses will tell you about your child's eye medication, including how often it is to be used and for how long. **You should tell the doctor about any other medicines your child is taking.**

**Please read this information sheet carefully before putting in your child's eye ointment.**

- A nurse will be available to show you how to put in your child's eye ointment safely.
- Always wash your hands before and after you put your child's eye ointment in, this is to help prevent infection.
- Avoid touching any part of your child's eye or face with the tip of the tube to avoid contamination of the ointment or injury to the eye. Make sure that the lid from the ointment is placed out of your child's reach on a clean surface whilst you are putting in the ointment.
- Hold your child's head back or get them to lie down.
- Gently pull the lower eyelid down to create a gap, if possible, ask your child to look upwards.
- Gently squeeze the tube allowing the ointment to fall into the gap.
- Ask your child to gently close their eyes and to keep them closed for about 1 minute.
- Your child's vision may be blurred until the ointment has absorbed; this is normal.
- Replace the top on the tube immediately and store the ointment out of your child's reach as instructed.

- Keep your child's eye clean, following the instructions on the leaflet for eye dressings.
- If you lose or run out of ointment or contaminate the tube before the course of treatment is completed, you can get more from your family doctor.
- Once the tube is opened it can be used for 4 weeks and then must be thrown away. If the course of treatment has not been completed, another tube can be obtained from your family doctor.
- Should you have any major concerns about your child's eye ointment, please contact a member of the pharmacy staff on (0161) 701 4302 Monday - Friday 9.00 am - 5.00 pm.

