

## Information for Patients

# Advice following Squint Surgery

### Following the operation you:

- May feel tired and sleepy, this is due to the anaesthetic.
- Should not rub or touch your eye(s).
- May require pain relief medication, for example Paracetamol.
- May feel a little off balance, this is due to the movement of the eye muscles and will gradually settle down over 2-3 weeks.
- May wash and bathe as usual, taking care around the operated eye.
- Will have stitches in your eye which may cause some irritation. These should dissolve in 6-8 weeks. If you have any concerns about the stitches please contact the ward on the number at the end of this leaflet.

### Your eye(s) may:

- Be red for between 4–6 weeks.
- Feel gritty for 3-5 days but this will settle.

### You should:

- Bathe the operated eye(s) using boiled water that has cooled and a clean cotton wool pad if required and before putting in your eye drops/ointment.
- Put the drops/ointment in as instructed.
- Take at least 1 week off work. You may need to fill in a self-certificate for your work place. If you require a medical certificate for work after 1 week you will need to see your family doctor.

## **We advise that you should not:**

- Go swimming for 4 weeks in order to prevent an infection in the operated eye.
- Participate in contact sports for 4 weeks, to allow healing.

## **What happens after surgery?**

Follow up arrangements will be discussed with you on your discharge and the date for an out-patient appointment will be given to you or posted to your home address.

## **Contact information**

If your problem is urgent and the department above is closed or you are unable to get an answer, please contact Ward 55 through the hospital switchboard (0161) 276 1234. They are available 24 hours every day.