

Manchester Royal Eye Hospital  
Orthoptic Services

Information for Patients

# My Eye Drop Information 3-5 Years



Name: \_\_\_\_\_

Eye drop put in:

Right Eye

Left Eye

\_\_\_\_\_ times a week.

## Why do I need to use my eye drop?

You have two eyes



Both eyes work hard but sometimes one eye can be 'lazy' so this eye needs extra help to see better.



**You might need to wear glasses.**



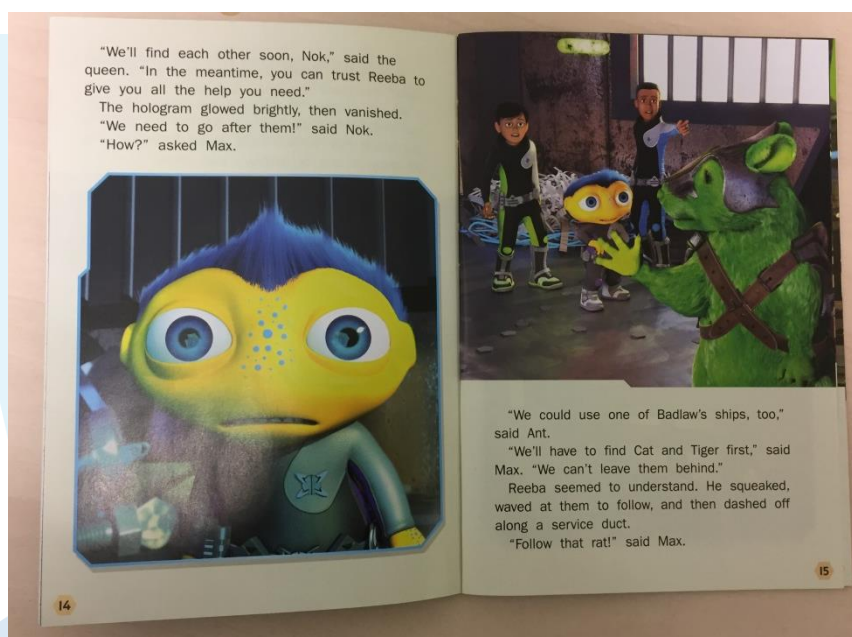
You need to use your eye drop to make one eye blurry so that the other eye has to work harder.

## What can I do with my eye drop in?

You can have fun with your eye drop in!

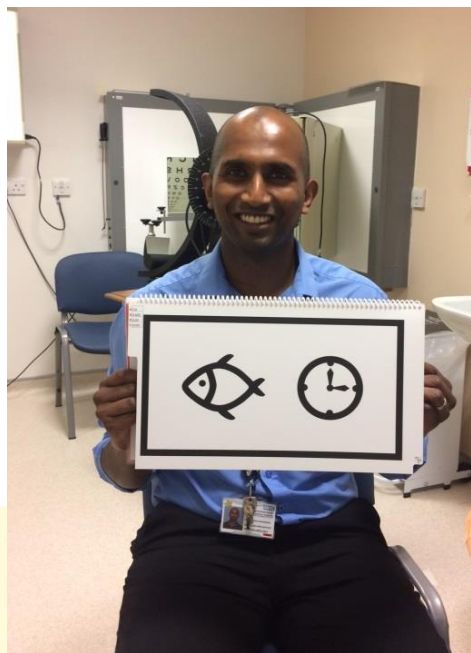
You can:

- ✓ colour
- ✓ read a book
- ✓ play games
- ✓ watch a programme on a tablet or TV



## How long will I have to use my eye drop?

When you play the pictures or letter game the Orthoptist will tell you.



You will not have to use your eye drop forever! Just until the 'lazy' eye becomes stronger.

## Will my eye drop hurt?

- They feel cold when they go in but if you count to 10 it will feel better.
- If you are scared to have your eye drop put in, your mum, dad or carer can put it in while you are asleep at night.


## What will my eye drop do to my eye?

- Make the black part of your eye (pupil) **very** big.
- Make things look a bit blurry.
- Your eye might stay blurry for a few days.

## About my eye drop

- Only let a grown up put your eye drop in.
- Your eye drop will be put in one eye. If you wear glasses, you will put them on as well
- Do not put the eye drop in your mouth. **If the eye drop does go into your mouth, tell a grown up straight away**
- Be careful when you are playing after you have had your eye drop put in because your vision might be blurry.

If you require any further information, please contact us on:

 (0161) 701 4882 Monday – Saturday 8.00 am – 5.00 pm.

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