

Manchester Royal Eye Hospital
Orthoptic Services

Information for Patients

My eye drop information - 6+ years



Name:

Eye drop put in:



Right Eye

Left Eye

_____ times a week.

Why do I need to use my eye drop?

Sometimes one eye does not see as well as your other eye. This is known as a 'lazy eye'. There are different reasons but the most common can be because:

- One eye turns in or out called a squint
- You need glasses and one lens is stronger than the other

You need to use your eye drop to blur the vision in the 'good' eye and make the 'lazy' eye work harder.

What can I do with my eye drop in?

You can have fun with your eye drop in!

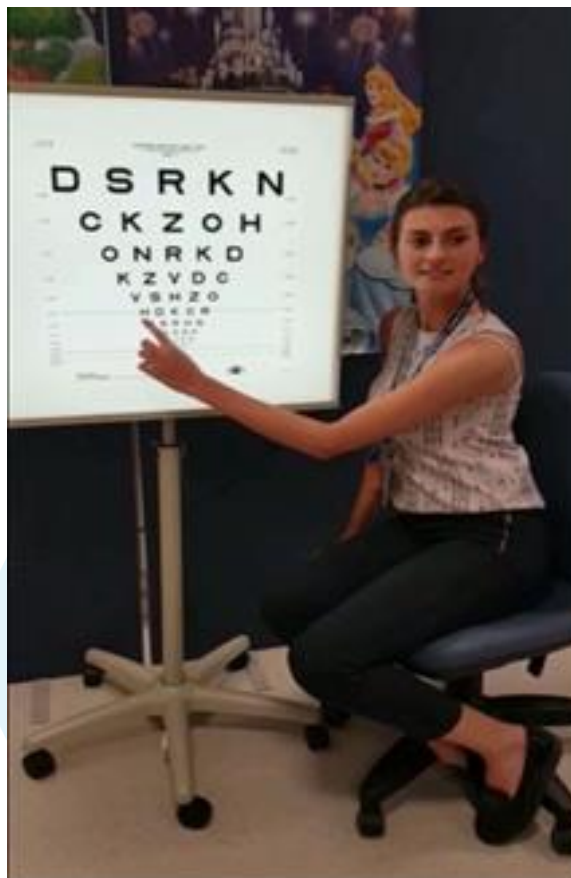
You can:

- ✓ colour
- ✓ read a book
- ✓ play games
- ✓ watch a programme on a tablet/phone
- ✓ you can even do your homework



How long will I have to use my eye drop?

This can change depending on how many pictures or letters you can see. Your Orthoptist will let you know.



You will not have to use your eye drop forever! Just until the 'lazy' eye becomes stronger.

Will my eye drop hurt?

- They feel cold when they go in but if you count to 10 it will feel better.
- If you are scared to have your eye drop put in, your mum, dad or carer can put it in while you are asleep at night.


What will my eye drop do to my eye?

- Make the black part of your eye (pupil) **very** big.
- Make your vision a bit blurry especially for near.
- Your vision might stay blurry in the eye you had your drop in for a few days.

About my eye drop

- Only let a grown up put in your eye drop.
- Your eye drop will be put in one eye. If you wear glasses you will put them on as well.
- Do not put the eye drop in your mouth. **If the eye drop does go in to your mouth, tell a grown up straight away.**
- Be careful when you are playing after you have had your eye drop put in because your vision might be blurry.

If you require any further information please contact us on:

 **(0161) 701 4882 Monday – Friday 8.00 am –4.30 pm.**

 **mft.orthoptic.enquires@nhs.net**