

Manchester Royal Eye Hospital  
Orthoptic  
Paediatric Ophthalmology

## Information for Patients

# My eye patch information, 3-5 years



Name:

Patch worn over:

Right eye

Left Eye

For

hours per day

## Why do I need to wear my patch?

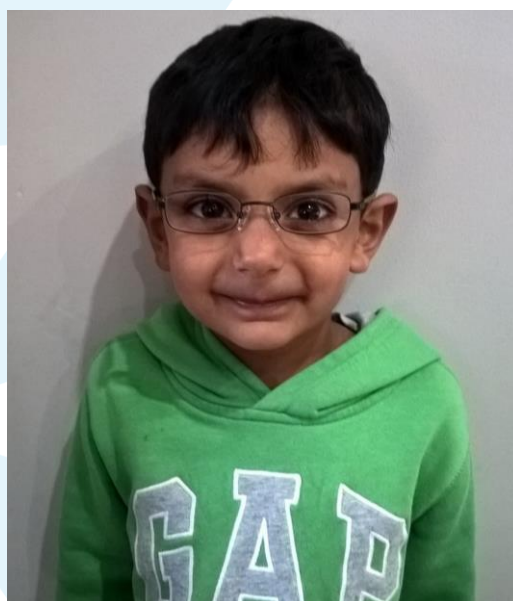
You have two eyes.



Both eyes work hard but sometimes one eye can be 'lazy' so this eye needs extra help to see better.



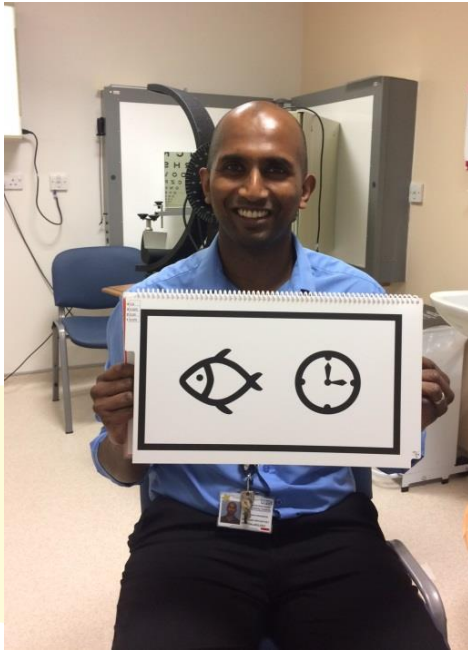
You might need to wear glasses.



You need to wear an eye patch to hide one eye to make the other eye work harder.

## How long will I have to wear my patch?

When you play the pictures or letter game the Orthoptist will tell you.



You will not have to wear your patch forever! Just until the 'lazy' eye becomes stronger.

## What do patches look like?

You can pick what colour patches you like.



You can pick sticky patches.



You can pick a cloth patch if you wear glasses.



We will give you a reward chart and a Patching Passport for you to fill in.



### Do I have to wear my eye patch at nursery or school?

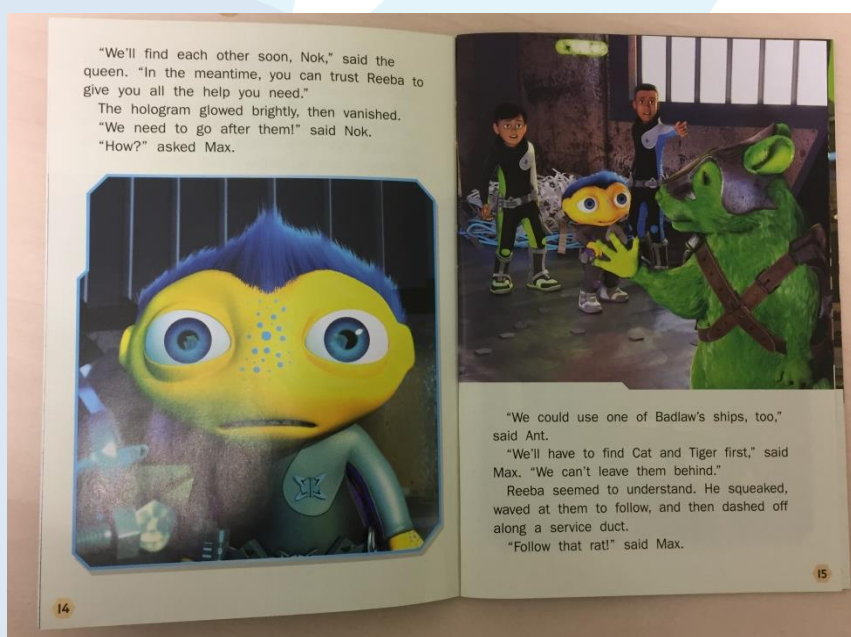
If you don't want to wear your eye patch at nursery or school then you can wear it at home.

As long as you wear it for as long as the orthoptist has told you to then you can wear your patch whenever you want to.

## What can I do with my eye patch on?



- Colour
- Read a book
- Play games
- Watch a programme on a tablet or TV



Sometimes there will be a patch party to attend with your patch at the hospital so you can play with other girls and boys.



If you require any further information please contact us on:

☎ **(0161) 701 4882 Monday – Friday 8.00 am – 4.30 pm.**

✉ **[mft.orthoptic.enquires@nhs.net](mailto:mft.orthoptic.enquires@nhs.net)**