

Manchester Royal Eye Hospital  
Orthoptic  
Paediatric Ophthalmology

## Information for Patients

# My eye patch information, 6+ years



Name:

Patch worn over:  Right eye  Left Eye

For  hours per day

## Why do I need to wear my patch?

Sometimes one eye does not see as well as your other eye. This is known as a 'lazy' eye.

There are different reasons but the most common can be because:

- One eye turns in or out called a squint.
- You need glasses and one lens is stronger than the other.

You need to wear your patch to hide the 'good' eye and make the 'lazy' eye work harder.

The patch will be worn on your face. If you wear glasses you will put them over your eye patch.



## How long will I have to wear my patch?

This can change depending on how many pictures or letters you can see. Your Orthoptist will let you know.



You will not have to wear your patch forever! Just until the 'lazy' eye becomes stronger.

## What do the patches look like?

You can pick what patches you like.

- Colourful sticky patches
- Plain sticky patches
- Cloth patches but only if you wear glasses



You will come and see the Orthoptist every 2 months.

You can take a reward chart and a patching passport to fill in at home or school if you like.



## Do I have to wear my eye patch in school?

If you don't want to wear your eye patch in school then you can wear it at home.

As long as you wear it for the number of hours the orthoptist has told you to then you can wear your patch whenever you want to.



## What can I do with my eye patch on?

You can have fun with your eye patch on!

You can:

- ✓ colour
- ✓ read a book
- ✓ play games
- ✓ watch a programme on a tablet or TV
- ✓ You can even do your homework

Sometimes there are patch parties to attend at the hospital. If you want to, you can come to those to meet other children who also wear an eye patch.

It is important to closely monitor patients who are patching as double vision can occur in rare cases. If this occurs, stop patching immediately and ring the Orthoptic department for further advice on the number below.

If you require any further information please contact us on:

 **(0161) 701 4882 Monday – Friday 8.00 am – 4.30 pm**

 **[mft.orthoptic.enquires@nhs.net](mailto:mft.orthoptic.enquires@nhs.net)**