

## Manchester Royal Eye Hospital Orthoptic Services

### Information for parents/guardians

# Young person's eye appointment journey

## Appointment

- You will receive your appointment in the post. Please bring your appointment letter with you.
- Your appointment letter may be addressed to your parents/guardian/carer.
- If you would like your appointment letter addressed to you, please let us know when you book in on the day of your appointment.
- Your parents/guardian/carer may receive a text message reminder about your appointment.
- If you would like the text message reminder sending to your mobile, please let us know when you book in on the day of your appointment.

## How will I get to the Eye Hospital?

You can get to the Eye Hospital by:

**Bus** - the 147, V1, V2, and 18 all go into the hospital site, but most buses stop outside the hospital site.

**Train** – Manchester Oxford Road station is approximately 1 mile away. Manchester Piccadilly station is approximately 1.5 miles away.

**Metro** - St Peter's Square is the nearest tram stop approximately 1.5 miles away. You can walk up to the hospital from the tram stop (this will take around 30 minutes) or you can get the bus.



**Car** – There is car parking available at Grafton Street Multi Storey, sometimes spaces can be difficult to find. The Sat Nav address is: M13 9WL.

**Please see travel links below for more information:**

<https://www.tfgm.com/public-transport/bus>

<https://www.nationalrail.co.uk>

<https://www.tfgm.com/public-transport/tram>

**Clinic H address:**

Clinic H  
Ground floor  
Manchester Royal eye Hospital  
Oxford Road  
Manchester  
M13 9WL

**Welcome to Manchester Royal Eye Hospital**



## Clinic H

Please check in to Clinic H reception.

Clinic H is the first clinic on the right-hand side as you enter the main entrance of the Eye Hospital.



## Waiting Area



In the waiting area you can:

- Use your mobile phone and portable games/tablets.
- Read books.
- Watch TV or a DVD.

Please allow up to 2 hours for an appointment.

The waiting area can get busy and noisy. You can ask any member of staff for a pager and sit somewhere else. This allows you to leave the clinic and not miss your appointment.



### Is there anywhere to buy food and drink?

There is a café in the Eye Hospital located at the bottom of the atrium.

There is also a Marks and Spencer's outside the Eye Hospital on the boulevard.

There is a Subway located in the Children's Hospital.

There is a Costa Coffee in Manchester Royal Infirmary and Saint Mary's Hospital

### Orthoptist



You might see one of our Orthoptists who may:

- Check your vision, colour vision, and field of vision.
- Assess the movement and co-ordination of your eyes.
- Treat any visual symptoms you may have for example double vision.



## Orthoptic Assistant

You might see one of our Orthoptic assistants who may:

- Check your vision, colour vision and field of vision.
- Take your blood (or you can go to the blood room if you prefer).

## Nurse



You might see one of our nurses who may:

- Check your vision and colour vision.
- Check your height and weight.

## Optometrist



You may see one of our Optometrists:

- They will look to see if you need glasses.
- They may assess you for a low vision aid.

## Eye Drops

You may need eye drops so we can look at the back of your eye:

- They dilate your pupil (the black part of your eye).
- They take approximately 20 - 30 minutes to work.
- They will blur your vision for up to 4 hours.

## Doctor



Lastly you might see one of our doctors:

- They may look at the back of your eye with a lens.
- Or check your eye pressure.

## Pharmacy

### If you are under 16 years

You will take your prescription to the Outpatient pharmacy located in the Children's Hospital near the Children's Accident and Emergency Department.

### If you are over 16 years

You will take your prescription to the Outpatient pharmacy located in the Eye Hospital across from clinic G.

## Listening to you

### At your appointment you can talk about:

- Seeing clinical staff without your parent/guardian/carer present.
- Being involved in decisions about your care.
- How you would like information to be given to you.
- Appointment times that suit you.
- Transferring to adult services when the time is right.

### All this is known as transition.


If you would like more information on transition to adult services, please follow the link below:

<http://www.uhs.nhs.uk/Media/controleddocuments/Patientinformation/Childhealth/ReadySteadyGo/transitionmovingintoadultcare-patientinformation.pdf>

### Home

When you have finished you can go home. We will write to your GP following your visit, we can also send this letter to you.

If you require any further information, please contact us on:

 **(0161) 701 4882 Monday – Friday 8.00 am – 4.30 pm**  
For more information visit: <https://mft.nhs.uk/royal-eye>

Please leave a message with your name and contact details if there is no answer and someone will call you back.

 [mft.orthoptic.enquires@nhs.net](mailto:mft.orthoptic.enquires@nhs.net)