

## Manchester Royal Eye Hospital at Altrincham Glaucoma Services

### Information for Patients

# The Glaucoma Evaluation Clinic at Altrincham Hospital

## What is the glaucoma evaluation clinic?

The glaucoma evaluation clinic is designed to monitor patients with stable glaucoma and is staffed by non-medical staff that have been trained to carry out a series of tests and investigations; the same as you would have in a regular glaucoma clinic. This ensures that all of your tests will be done in one visit. The Consultant Glaucoma Specialist then reviews the results of all of your tests, and makes a decision about how best to manage your condition. The specialist will write to you to keep you informed of your results.

## What happens during a glaucoma evaluation clinic appointment?

Following arrival at the clinic, you will have:

- Your vision checked by reading the eye chart.
- A visual field test to assess your peripheral or side vision.
- Your eye pressures measured.
- A photograph and computer scan of your optic nerve.

You will have drops put into your eyes to dilate your pupils. The effects of these drops can last for a few hours and will affect your vision. **You should not** drive whilst your pupils are dilated. All your results are then sent to the Consultant Glaucoma Specialist to be reviewed.

## Who is suitable for a glaucoma evaluation clinic?

You are ideally suited for the evaluation clinic if your glaucoma is stable or at a very low risk of progressing. If at any time your condition changes and you require more frequent review, then you will be given an appointment for clinic to see the doctor, optometrist or nurse. If during your appointment any urgent or immediate concerns are identified, then staff will seek advice from the glaucoma team at Manchester Royal Eye Hospital.

## What are the benefits of you attending a glaucoma evaluation clinic?

- This system maximises all of our available appointments to ensure that you are not given unnecessary appointments, kept waiting too long and do not have your appointments cancelled.
- You could be discharged following this clinic or we might be able to discharge you sooner.
- Waiting times in the evaluation clinic are much shorter.
- Your results are reviewed by a Consultant Glaucoma Specialist to ensure the best management of your glaucoma.
- All tests are performed in one visit to the hospital.

If you have any further questions, please discuss these with your consultant or contact the Team Co-ordinator at Manchester Royal Eye Hospital on (0161) 276 5533, Monday - Thursday 8.30am - 5.00pm and Friday 8.30am - 4.00pm.

Alternatively, you can contact the Manchester Royal Eye Hospital at Altrincham team on (0161) 413 7746, Monday – Friday, 8.00am - 5.00pm.