

## Information for Patients

# A guide to the Manchester Royal Eye Hospital Pre-operative assessment service

The Pre-operative assessment service takes place on Ward 55 which is situated on the first floor of Manchester Royal Eye Hospital. This is a nurse led service and you will be seen by a member of the nursing staff with regards to obtaining the information required prior to your surgery.

**On leaving home please:**

- Bring a list of all prescribed medication that you are taking and take your tablets/medicines/insulin as normal before your appointment unless advised otherwise by your doctor.
- Bring your reading and distance glasses (if worn).
- If you take anticoagulant tablets, please bring your results book.
- If you have a pacemaker or any internal heart device please bring any written details regarding the make/type/date of last check and any other information that might be relevant to the device.
- If you wear contact lenses please follow the instructions below:

**Hard contact lenses** need to be removed **2 weeks** before your appointment and not worn again until you have attended your pre-operative assessment. This is because they can affect the sensitive readings of your cornea.

**Soft contact lenses** need to be removed **48 hours** before your appointment.

If you are unsure as to what type of lenses you wear please contact your optician. Failure to follow these instructions could result in important tests not being able to be done and a delay in your surgery.

## On your arrival

A member of the clerical staff will greet you and check some of your personal information details with you. You will then be asked to take a seat in the waiting room. The waiting room is shared with different clinics and therefore might appear busy. If you are a diabetic, please inform the nurses in clinic on your arrival. It is advisable to bring a snack with you as refreshment facilities are not always available in the clinic areas.

You will have your eye sight, blood pressure, height and weight checked, followed by an assessment of your general health. Other investigations might be performed, if needed, which could include a heart tracing or blood tests.

Eye drops might be required to enlarge your pupil (black part of the eye) and these take about 20-30 minutes to take effect. These drops blur your vision for between 6-8 hours, although sometimes the effects can last longer. We advise that you do not drive yourself to the appointment and do not drive until your vision has returned to normal.

Please note that your appointment time is an arrival time and that you should be prepared to spend up to 4 hours in clinic and might be required to visit a different clinic to see a Doctor, extending your time spent in the hospital.

You will be given an information leaflet at your visit about your forthcoming surgery and additional information might be given with regards to your medication.