

Information for Patients

Naevus Assessment Clinic

Why have you been referred to Manchester Royal Eye Hospital?

You have been referred to Manchester Royal Eye Hospital because your optometrist has seen a small mark similar to a freckle at the back of your eye. The correct name for this mark is a Naevus. These marks are quite common and are usually harmless; however, the doctor may request that you attend for a follow up appointment sometime in the future to check that the mark has not changed in appearance.

What is the Naevus Assessment Clinic?

Manchester Royal Eye Hospital has set up a specialised clinic to assess these marks. The clinic is run by appropriately trained staff that will carry out a series of tests and investigations on the day you attend the clinic. The results of these tests will then be sent for review by a Consultant Ophthalmologist who will make a decision about the future management of your condition.

What will happen when you attend the Naevus Assessment Clinic?

Following arrival at the clinic you will have:

- Your vision checked by reading the eye chart.
- A nurse will ask you a little bit about your previous medical history. Please bring along a list of any tablets or medication that you are taking.
- A trained Ophthalmic Science Practitioner may carry out an ultrasound scan of the back of your eye.

- Drops will be put into your eyes to enlarge your pupil (black part of the eye).
- Photographs will be taken of the back of your eye.
- A further scan of the back of your eye will be carried out.

All of the tests are quite painless however the eye drops may blur your vision for between 6 to 8 hours so you will not be able to drive after your visit.

It is anticipated that your appointment will take approximately one to one and a half hours.

What happens next?

All your results will be reviewed by a Consultant Ophthalmologist who will contact you by letter to let you know whether or not a further follow up appointment is required. A report of your visit will be sent to your GP.