

## Information for Patients

# Day Phasing

## What is day phasing?

Day phasing is the measurement of your eye pressure, which takes place at two hourly intervals during the day. You will be asked to attend the hospital at 7.30am and will be able to leave by approximately 5.00pm.

## Why do I need day phasing?

The pressure of your eye can vary, sometimes quite significantly during the day. If your eye pressures are borderline or if your glaucoma is progressing despite normal eye pressure measurements in clinic, it might be necessary to assess your eye pressure over a whole day. The doctor will review the day's measurements and decide on the most appropriate treatment for you.

## What is expected of me during the day phasing appointment?

Please bring with you and take as normal, any eye drops and medications that you usually take during the day. You will need to ensure that you are available for **all** eye pressure measurements and any other investigations which are booked throughout the day. The practitioner in clinic will inform you of the timings of these. We encourage you to discuss any questions or concerns you might have regarding your eye condition or eye drops with the nurse.

## Where do I attend?

Your day phasing will be carried out on Ward 55 which is located on the first floor of Manchester Royal Eye Hospital. Please report to reception on Ward 55 on arrival.

## What facilities are available?

There is a day room available on the ward for the use of patients attending for day phasing. It is a shared room for use by all patients having day phasing. The room has armchairs, a bathroom and non-lockable cupboards for your belongings. Please do not bring valuables with you as there is nowhere secure to store them.

Lunch will be provided for you by Ward 55 but you are also welcome to bring your own refreshments. The hospital also has a shop and café facilities located on the ground floor.

You are not required to remain on Ward 55 for the whole day if you do not wish to do so. It is preferable if you are leaving the ward to provide a mobile telephone number in case we need to contact you in between measurements. We ask that, for fire safety purposes, you inform the reception staff on Ward 55 if you leave or return to the ward so that in the event of an emergency all patients can be accounted for. Unfortunately, friends or relatives are unable to stay with you on Ward 55 as facilities are limited and the area cannot accommodate them.

## Will I have any other tests carried out on the same day?

If your doctor has requested them, we may also perform a visual field test (to monitor the sensitivity of your vision) and photographs of the optic disc (the nerve from the eye to the brain). Having photographs taken will require you to have eye drops put in to dilate your pupil. As these drops can blur your vision, we recommend that you do not drive following this appointment.

## Contact information

If you have any questions regarding your day phasing appointment please contact the glaucoma clerical team on (0161) 276 5516 Monday - Friday, 8.00am - 5.00pm, or the glaucoma nurse specialist on (0161) 701 4819. An answerphone service is available on this number and the nurse will get back to you.