

Information for Patients

Advice following an intravitreal injection

Following an injection:

- 1) Wash your hands regularly and avoid touching your eye.
- 2) Avoid splashing any water in your eye for three days.
- 3) Only use a clean disposable tissue around your eye area.
- 4) If you're prescribed eye drops, please start using from the day after your injection.

What to expect after the intravitreal injection

- **Blurred vision:** On the day of the injection your vision may be more blurred for a few hours. This should slowly clear during the day. Persistent or worsening pain or redness the next day needs to be reported using the contact numbers given below.
- **Bubbles in the vision:** These are very tiny bubbles which are commonly in the liquid injected, this is normal and will gradually disperse over a few days. New floaters which do not settle down or worsen during the day need to be reported.
- **Pain and redness:** It is normal to experience some discomfort for a few hours after your injection, you should take pain relief medication for example Paracetamol or Ibuprofen unless contraindicated. If it gets worst, please report.

Day Surgery Centre on (0161) 701 2909 Monday – Friday 7.30am – 8.00pm

If you require emergency treatment, you can contact the Emergency Eye Department which is open from 8.00am to 8.00pm every day. Outside of these hours please contact Ward 55 open 24 hours every day. These departments can be contacted via the hospital switchboard on (0161) 276 1234 asking to be put through to the Emergency Eye Department or the ward.