

Manchester Royal Eye Hospital
Orthoptic Services

MREH Digital Healthcare Transition Pack





*"Hello! This page gives you the key resources
and support you need as a young adult,
including help with your healthcare transition!"*

Click any section below to learn more.

What is healthcare transition?

All about "Ready, Steady, Go"

Specific health condition transition packs

Welcome to the adult services

What are my rights?

Career support

Visual impairment support

Autism, ADHD & learning disability support

Health & wellbeing support

Have your say



MREH Leaflet



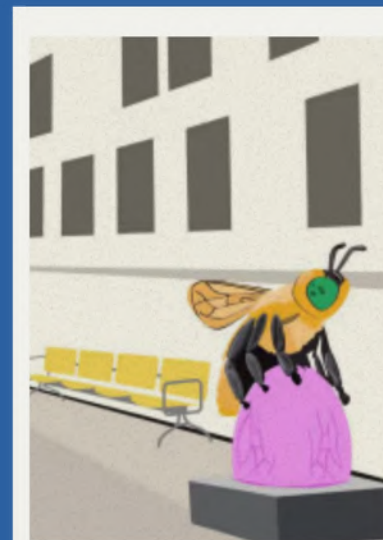
Transition is the process of moving your care from children's services to adult services. If you have a long-term health condition and come to the Eye Hospital, this leaflet explains what will happen as you move into adult care and what you can expect along the way.



Easy read leaflet



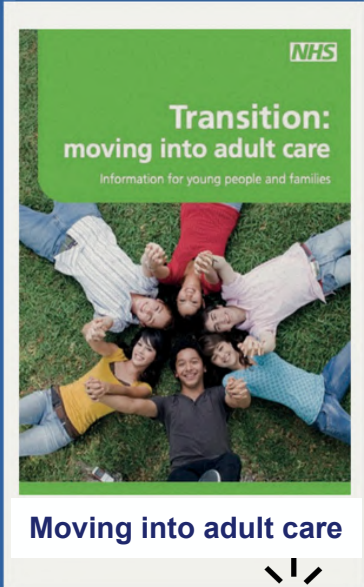
This leaflet contains the same information as the one to the left, but it is written in a different way to make the information easier to understand if you have autism and/or a learning disability.



MFT strategy



Our aim is to give you a safe, supportive, and age-appropriate transfer from children's services to adult services. Click above to read more about our MFT transition of care for young people strategy.



Moving into adult care



Information for you & your family from the Transition & Patient Empowerment Innovation, Education and Research Collaboration (TIER).

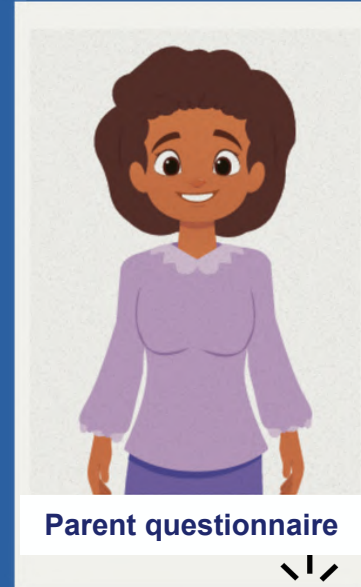
Easy read version →



Your RSG programme



Click the link above to visit the website and learn more about the programme. You'll find helpful resources, real-life stories, and information about shared decision-making, including the Ask 3 Questions approach.



Parent questionnaire



Above is an example of the questionnaire your parent, guardian, or carer will complete.

Transition is a change for both you and your family and we are here to support them too.

Click the buttons below to access the questionnaires that are relevant to you.

Easy read versions are also available if you have autism and/or a learning disability.



Ready →

Easy read →

Steady →

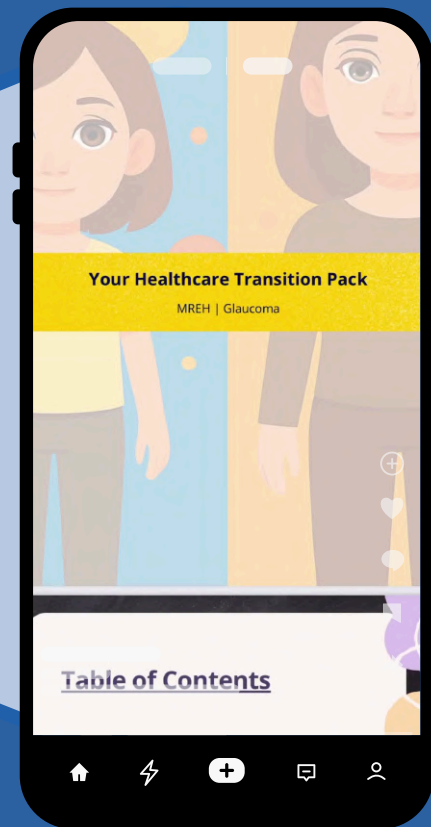
Easy read →

Go →

Easy read →



Glaucoma Healthcare Transition Pack

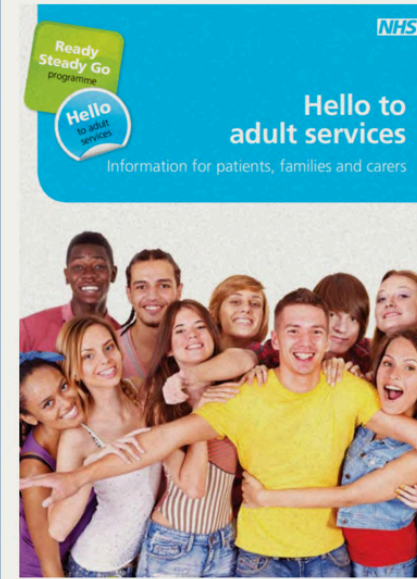


Click the phone to
view the full pack!





Information



Hello Questionnaire



Useful links





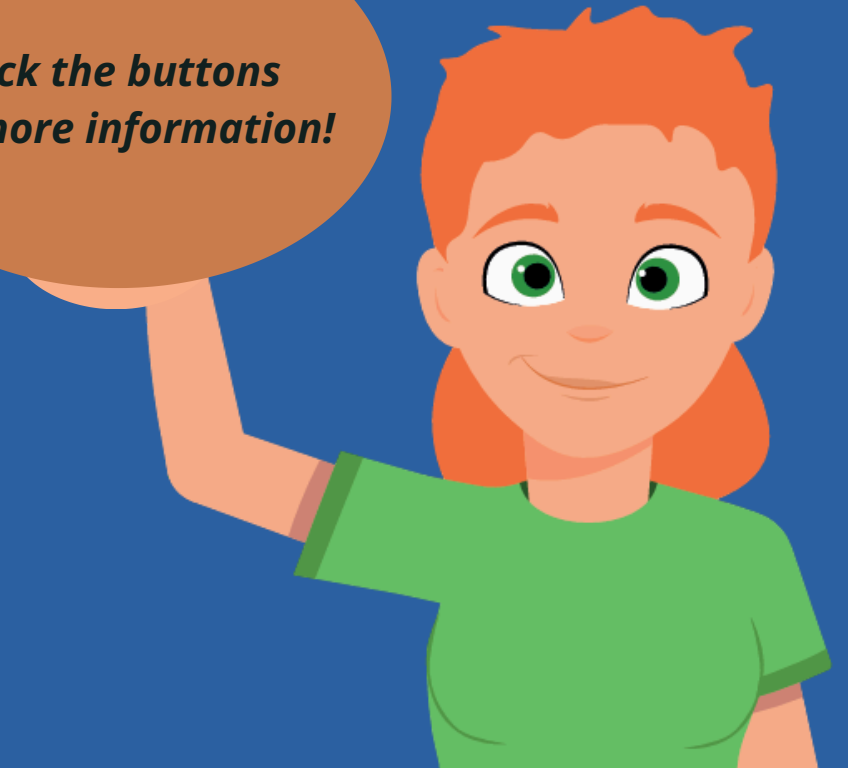
Using the NHS (get your rights) →

Confidentiality & Consent →

Your rights checklist →

Youth rights in healthcare →

*Click the buttons
for more information!*





National Careers Service



Career Connect



BBC Bitesize



Connexions





What is it?

A CVI is an official document about your sight loss that can give you access to extra **help**.

Can I get it?

The doctor decides if you can get a CVI, but
registering for one is your choice.

Please note **you cannot drive** with a CVI.

How do they decide?

They will **check your visual acuity and your visual field test**. If either one is reduced enough, you may be considered eligible for registration.

BENEFITS & CONCESSIONS	SSI	SI
Blind person's tax allowance	x	
Television licence fee reduction	x	
Blue badge scheme	x	
Free postage – 'Articles for the Blind'	x	x
Free NHS eye examinations	x	x
Disabled persons rail card	x	x
Free bus travel (if SI then only free travel within a certain time period)	x	x
Free directory enquiries	x	x
Cinema pass	x	
Protection under the Equality Act	x	x
Assessment by Social Services	x	x
Personal Independent Payment	x	x
Attendance Allowance (65+)	x	x
Carer's Allowance	x	x
Universal Credit	x	x
Free ticket for a guide at theatres, galleries and attractions	x	x



She's here to support you if you have a CVI, both in hospital and at home, making sure you feel informed, listened to, and never on your own.



LOOK

A mentoring organisation that helps you build community and connection, with resources on education, mental wellbeing, sex and relationships

BLIND IN BUSINESS

This charity helps you get into work more easily, offering career advice, job-search support and interview practice.

HENSHAWS

A charity offering support, advice, home adaptations and training plus social activities to help you connect with others

ACCESS TO WORK

You can apply for a government grant to help pay for specialist equipment, support workers, travel costs & changes to your workplace

SOUND WITHOUT SIGHT

This is a non-profit initiative, aimed at supporting people in the fields of audio and music

EXTANT

A professional performing-arts company run for and by visually impaired artists, putting visually impaired people at the centre of its productions, training and creative opportunities

CLICK

to see how each of these can support you with your visual impairment



CVI form

Manchester Sensory Support Service

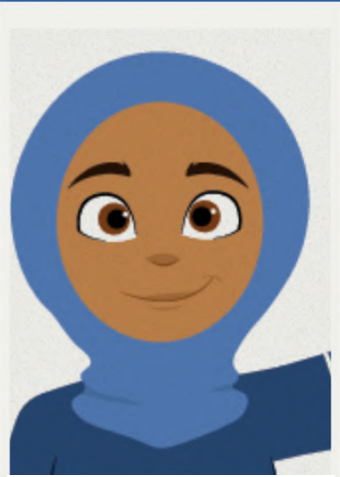
OTVI

BOVI's

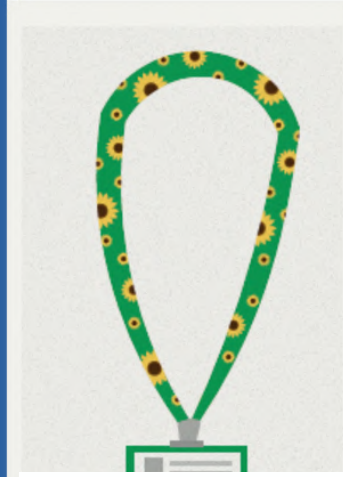
DOI

DEA

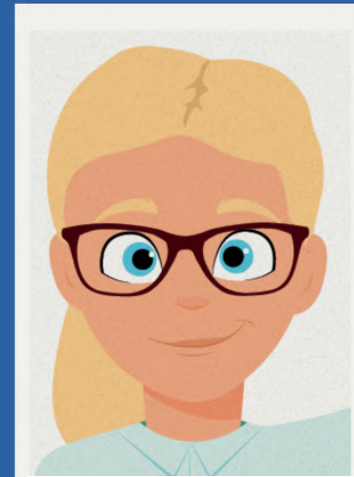
Genetic counselling



**Reasonable
Adjustments**



**Learning disability &
autism service**



**National Autistic
Society**



Right to choose



Healthcare Passport

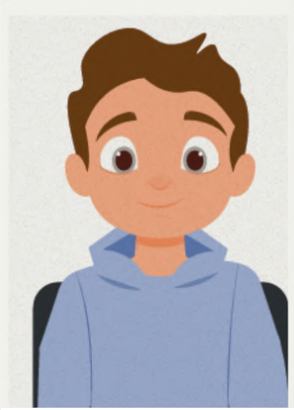


SeeAbility





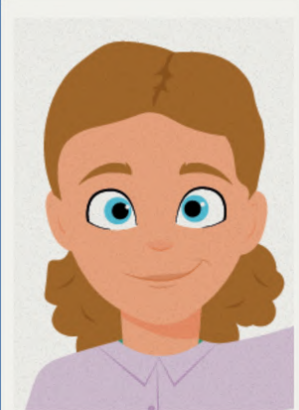
Physical Activity



Kooth



Eatwell guide



Mental Health



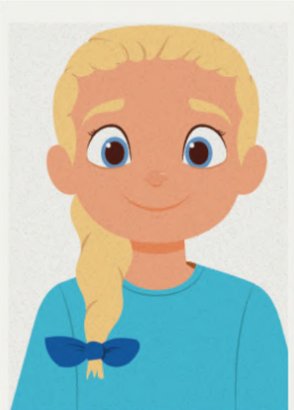
Youngminds



MFT CAMHS



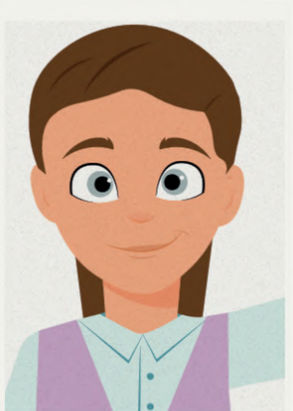
Talking Therapies



Childline



Manchester Mind



42nd Street



Samaritans



Brook



Have your say

Tell us your thoughts! →

Join the youth forum →

MFT youth services →



Are you aged 11-25
and want to make a
difference for young
people accessing MFT
hospitals or services?

You can:

Add membership on to your cv

Learn about NHS Careers

Learn new skills

Have your say

How to Join

Youth forum meets once a month in person and online. If you are interested in joining, please get in touch via email and complete the consent form.

 Youth.Services@mft.nhs.uk



Why Join?

Gain confidence

Meet interesting people

See your ideas happen

Because it's fun!

Good snacks!

Make friends