

University Dental Hospital of Manchester
Department of Restorative Dentistry

Information for Patients

Immediate Dentures

Immediate dentures are dentures that are put in 'immediately' after having a tooth extraction. This could be to replace any number of teeth. They prevent you from having to continue with no teeth at all or a gap in your smile.

The first 24 hours:

1. Your dentist may suggest leaving the dentures in for the first 24 hours after tooth extraction. This is not always the case so if in doubt, ask your dentist what to do.
2. If told you should sleep with your dentures in for the first night only. They should then be removed at night to prevent infection.
3. If you are experiencing pain, you may wish to take two paracetamol (if safe for you to do so) tablets every 4-6 hours. No more than 4 doses should be taken in 24 hours. If in doubt, ask your dentist.
4. Eat only soft foods at this stage.

The next day:

1. After 24 hours it is ok to remove your dentures, unless you have been told otherwise by your dentist.
2. Start doing warm salt water mouth rinses 2-3 times a day.
 - Boil the kettle and add a teaspoon of salt to a cup of boiled water.
 - Mix to dissolve and allow it to cool to avoid burning yourself.
 - Use this salt water as a mouth rinse for approximately 1 minute, then spit out.
3. Start looking after your dentures according to the instructions in the leaflet titled "Care for your Dentures". This should be given to you alongside this leaflet. If you do not receive it, please ask for the leaflet titled 'Care for Your Dentures'.

What to expect from your dentures

1. Learning to use your new dentures will take time and patience, and your experience will be unlike anyone else's.
2. Eating may be awkward to begin with and we recommend that you cut your food into small pieces and eat on your canine (eye) teeth and the premolar teeth just behind them. Biting into food with your incisor (front) teeth is best avoided until you are used to controlling your new dentures. If you have difficulty with speech at first, practice by reading or talking aloud.
3. Pain and discomfort often occurs when new dentures are first worn and adjustment will be the norm rather than the exception. This is why we will arrange to see you for a review appointment. Do not try to adjust the dentures yourself.
4. Your dentures will become progressively looser as time goes by due to the changes taking place as your mouth heals. You will need to have the dentures relined or remade within the first few months following tooth extraction to accommodate these changes. Your dentist will advise you when this is necessary.

Next appointment

Your next appointment will be arranged very shortly after the fit of the immediate denture. Your dentist will be able to adjust any areas of the denture that are uncomfortable at this stage. They will discuss care instructions with you and arrange another follow-up appointment if necessary.

If you have any queries about the information contained within this leaflet or any other aspects about your treatment please do not hesitate to contact us:

- Restorative First Floor: 0161 393 7734
- Restorative Ground Floor: 0161 393 7735

Monday to Friday 9.00am to 5.00pm

For out of hours emergencies please contact your local Accident and Emergency Department.