

University Dental Hospital of Manchester  
Department of Restorative Dentistry

## Information for Escorts of patients

# Dental Treatment under Intravenous Sedation and Local Anaesthetic

Please take time to read the following safety information. Make sure you have read and understood this information leaflet before coming to the Dental Hospital. Treatment may have to be cancelled if the dentist thinks that it would not be safe to proceed.

## When do I need to attend the Dental Hospital?

Escorts for patients having dental treatment under intravenous sedation should attend with the patient for the whole appointment. The patient will have an appointment card or letter with the time and date of the appointment and an information leaflet which it would be helpful for you to read. Dental treatment will not be started until you are both present. There is a multi storey car park next to the Dental Hospital.

## How long will I be at the Dental Hospital?

Treatment will last for at least an hour but could be longer depending on the type of dental treatment and the recovery time. It is a good idea to bring a newspaper/magazine/book to read while you wait. Please do not bring children or dependants to this appointment as you will need to look after the patient following treatment. We will be unable to provide treatment if you bring dependants with you.

## What will I need to do?

Our sedation nurses will look after the patient until they are ready to return home. We will then discharge the patient into your care.

We will give you information about the dental treatment provided and the sedation. Most patients will have had an injection of a sedative drug in their hand or arm and also a local anaesthetic injection in the mouth. Patients will have some part of their mouth that will be

numb for several hours after dental treatment. You will need to remind the patient not to bite these areas.

Patients who have had intravenous sedation for treatment often cannot remember what has happened. This is a side effect of the drug we use.

After treatment please take the patient straight home in a car or taxi.

## How long does the patient need looking after?

Although the patient may seem to have recovered after the treatment, it takes 24 hours for the drug to be fully removed from their system. During this time, patients need to be protected.

You may only be taking the patient home but you will need to pass on this information to the person caring for the patient for the next 24 hours.

## In the next 24 hours

Patients are often hungry when they get home, so please provide a small light meal or snack.

The patient will not be able to care for dependants - either child or adult for 24 hours. Separate arrangements need to be made for dependants.

Please make sure they take their usual medication at the correct time.

The patient must not expose themselves or others to danger, for example, do not let the patient:

- Go out alone or return to work.
- Attempt to drive a car, bicycle or other vehicle.
- Use equipment or domestic appliances such as a cooker.
- Handle any dangerous machinery.
- Make any important decisions.
- Go shopping, use credit cards, social media or sign legal documents.
- Drink alcohol, consume recreational drugs or smoke.
- Breastfeed.
- Care for other people such as children, elderly relatives or other dependants.

## If you have any concerns

If you experience any problems or have any worries or concerns, please telephone the Department of Restorative Dentistry on telephone number (0161) 393 7734 or (0161) 393 7735 between the hours of 09.00 and 17.00. Outside these hours please contact your dentist or your local A&E department.