

Information for escorts of patients attending for dental care with midazolam sedation

Patients having dental care with intravenous, oral or intranasal sedation are required to bring an appropriate escort with them to their appointments. This is to support patient safety after the appointment, on the journey home, and when recovering from sedation at home and for 24 hours after their treatment.

When do I need to attend the hospital?

Escorts for patients having dental treatment with intravenous, oral or intranasal midazolam should attend with the patient for the whole appointment. Dental treatment cannot begin until both the patient and their escort are present. Escorts are not able to join the patient in the treatment room for their visit except for when extenuating circumstances apply.

Where will the treatment be completed?

Dental care with sedation is provided at two main sites. The dental team will confirm the location for this visit. Treatment will be completed at either:

University Dental Hospital of Manchester
Higher Cambridge Street
Manchester
M16 5FH

Dental Sedation Suite
2nd Floor Manchester Royal Infirmary
Oxford Road
Manchester
M13 9WL

How long will I be at the hospital?

Treatment will last for at least 90 minutes but may be longer depending on the type of dental treatment the person needs. You would need to stay in the department during this time.

What will I need to do?

Our sedation nurses will look after the patient until they are ready to leave the department. We will then give you post-treatment instructions. Most patients will also have had local anaesthetic injections so you will need to monitor them to make sure they do not bite their lips, tongue or cheeks.

Sedation medicines mean some people do not always remember what happens at their appointment: this is normal. They can become forgetful and can ask the same questions

several times. You may need to pass on information given to you by the dental team, such as how their treatment went and aftercare instructions. You will need to safely transport the patient home either in a car or by taxi. You cannot to use public transport to return home.

How long does the patient need looking after?

Although somebody may seem to have recovered after treatment, it takes up to 24 hours for the drug to fully exit their system. During this time patients need extra support and supervision and should not be left on their own, even if they state they feel well.

Patient instructions after their visit:

Separate instructions will be given to the patient regarding after-care for their dental procedure. Although the patient may think they have recovered from sedation quite quickly, the effects of sedation may not wear off entirely for 24 hours. During this time, the patient must not expose themselves or others to any dangers.

- After the patient's treatment you should take the patient straight home. Do not plan to go anywhere else or leave the patient on their own.
- You must take the patient home by car or taxi only. Do not use any form of public transport.
- The patient must not go out alone, drive a car, ride a bicycle, operate machinery or domestic appliances for at least 24 hours.
- The patient must not make any important decisions, make expensive purchases, use credit cards, social media or sign legal documents for at least 24 hours.
- Make sure the patient takes their usual medication as normal unless advised otherwise by the dental team.
- The patient should not drink alcohol or smoke. Smoking increases the risk of infection or dry socket after oral surgery.
- The patient will not be able to care for dependants either (child or adult) for 24 hours.
- The patient must not return to work for 24 hours.
- Nursing mothers should not breast feed for 24 hours after dental treatment with sedation.

Contact

If you have any concerns, please contact the relevant department on the numbers detailed below, between the hours of 09:00 – 17:00. Outside of these hours please contact your local dentist, NHS 111, or a local A&E department.

 0161 393 7735 (Restorative Dentistry) or 0161 393 7736 (Oral Surgery)

 dental.booking@mft.nhs.uk

 <https://mft.nhs.uk/dental/>