

Information for Patients

Amniocentesis Discharge Information

General Advice

Following your Amniocentesis, you are advised to rest and relax at home for the remainder of the day and the following day if possible. You do not need to go to bed and it is safe to have a bath or shower.

Following your Amniocentesis, you may experience some abdominal/back discomfort or period like pains. This is more common in the first 24-48 hours. Paracetamol is safe in pregnancy and can be taken to relieve this.

Please contact the Delivery Unit at your own hospital if you experience any of the following:

- Vaginal bleeding.
- Loss of fluid from the vagina.
- Have any fever-like symptoms (this may be later – up to approximately 10-14 days).
- Pain that doesn't settle with paracetamol, is prolonged or gets progressively worse.

If you are booked at **Saint Mary's Hospital** please contact:

If you are less than 20 weeks pregnant:	If you are 20 weeks pregnant or more:
The Emergency Gynaecology Unit: (0161) 276 6204 or (0161) 276 6912	The Triage Department: (0161) 276 6567

Both services are available 24 hours a day, seven days a week.

Results

It usually takes 2-3 working days for the rapid result to become available, which checks for Down's, Edward's and Patau's Syndrome. Occasionally it can take longer than this.

The full result will be available in 2-3 weeks, or as advised by your Genetic Counsellor.

At the time of your Amniocentesis you will have given us consent to contact you either by phone or by letter with the result.