

## Information for Patients

# Infertility Semen Analysis

### Introduction

As a routine part of infertility investigation, you have been asked to provide a semen sample for assessment of sperm number and quality.

### Delivery of your sample

As a fresh sample is essential for this test, it must be brought to the laboratory within one hour of being passed at home.

**Note: Using a public toilet to pass your sample is against the law.**

### Instructions for collecting the semen sample

- You should abstain from intercourse or masturbation for three to four days prior to providing the specimen.
- The sample must be obtained by masturbation (manual stimulation) and should be collected directly into the specimen container provided. A condom or artificial lubrication must not be used for semen collection as it will kill the sperm.
- The complete specimen is needed for this examination, so if any of your specimen is spilt you must tell us, as a repeat specimen is required.
- Label the specimen container with your full name, date of birth and the date and time the specimen was passed.
- Ensure the top is screwed on tightly so that it does not leak and then place the container into the biohazard bag.

**Please do not post the specimen to us.**

## Sample identification

- Please make sure that your name, date of birth and the requesting doctor's details are on the request form provided.
- Make sure that the date and time of collection are entered on the specimen details form on page 5 of this booklet.
- Please ensure that your full name and date of birth are on the label of the specimen container. We cannot process unlabelled or poorly labelled samples.

## Delivery of your sample

Deliver the sample to the Department of Reproductive Medicine, Andrology Laboratories at the Old Saint Mary's Hospital **within one hour** of passing the sample.

Keep the sample at body temperature while being transported to the laboratory, for example by carrying it in an inside pocket. Excessive cold or heat can damage the sperm.

Specimens will only be accepted **between 8.30 am and 3.00 pm, Monday to Friday** (Our opening hours are: Monday – Friday: 8.30 am to 4.00 pm).  
(We are **not** open Saturday, Sunday or bank holidays).

## Private rooms

If you feel you would not be able to get the sample to us within one hour, ask your doctor to arrange an appointment with us to use one of our private rooms.

## How to find us

Please refer to the map on page 4.

The Andrology Laboratories are based in the Department of Reproductive Medicine in the Old Saint Mary's Hospital (Oxford Road ) on the first floor. Turn right at the top of the stairs and then right again.

Please come into the reception and ring the bell for attention.

If you are a wheelchair user please telephone the department in advance on (0161 276 6473). We have a separate entrance just off Oxford Road (Entrance 2 on map). Please press intercom on arrival.

Department of Reproductive Medicine  
Andrology Laboratories  
Old Saint Mary's Hospital  
Oxford Road  
Manchester  
M13 9WL

Phone: 0161 276 6473

Fax: 0161 276 6609

[www.cmft.nhs.uk/saintmarys/our-services/andrology](http://www.cmft.nhs.uk/saintmarys/our-services/andrology)

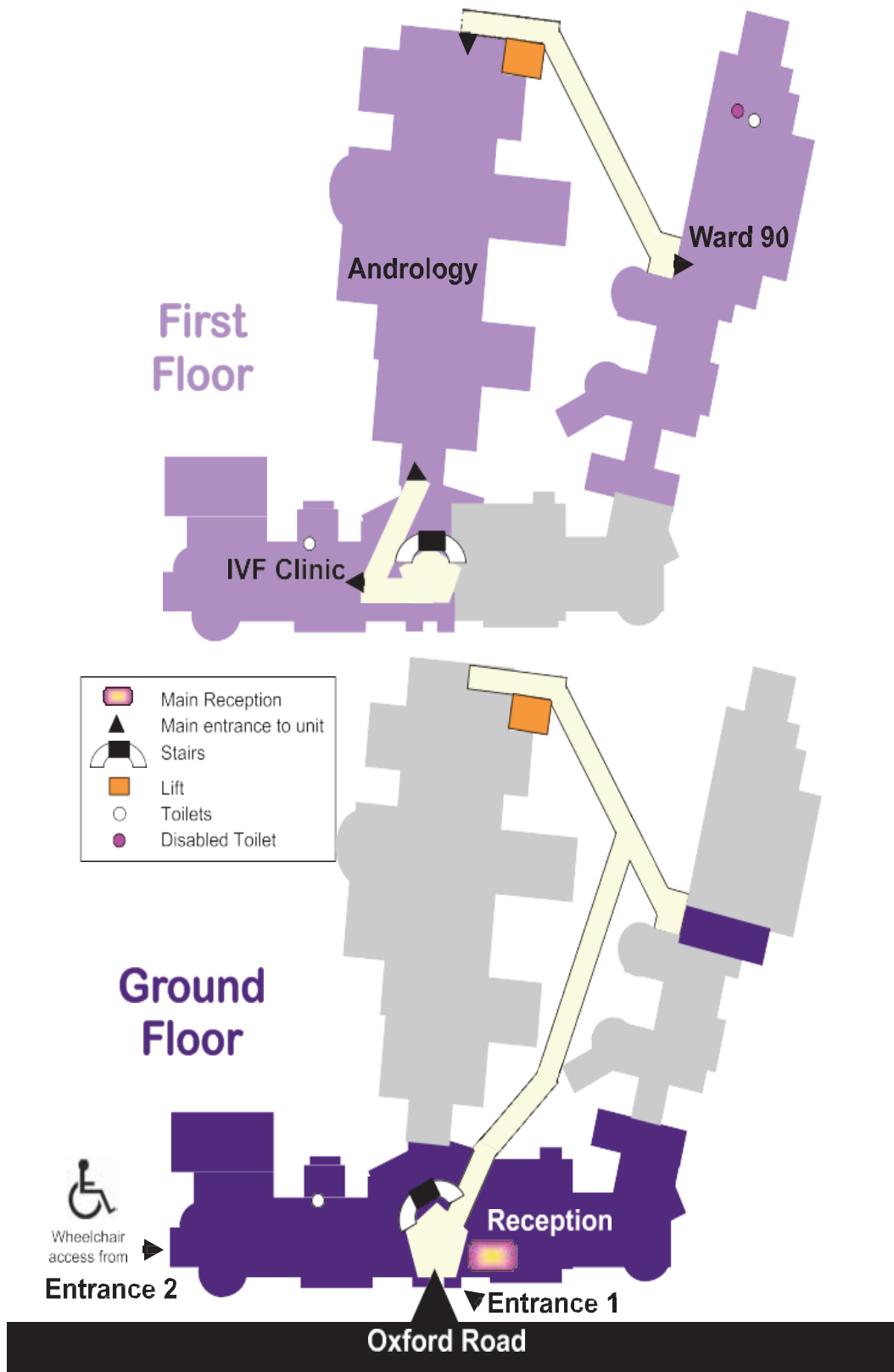
## Car parking

The best parking for patients visiting Saint Mary's is the multi-storey car park on the junction of Upper Brook Street and Hathersage Road. The entrance to the car park is on Hathersage Road.

For car parking tariffs see <http://www.cmft.nhs.uk/saint-marys/plan-your-visit/car-parking>

Parking is provided free on the ground floor for patients with mobility problems who are displaying the appropriate badge.

Please note that vehicles will be clamped if they are parked inappropriately.



## Specimen details

Please complete this form and bring it with you to the laboratory along with your sample and the request form.

Name:	
Address:	
Date of specimen:	
Time passed:	
Time since last intercourse/masturbation:	
I consent that any surplus specimen may be used for teaching and/or quality control:	Yes / No *
This is a complete sample:	Yes / No *

**\*Please delete as applicable**

Signed: \_\_\_\_\_