



Saint Mary's Managed Clinical Service  
Division of Gynaecology

## PATIENT INFORMATION LEAFLET

# ADVICE FOLLOWING TREATMENT TO YOUR CERVIX

## WHAT TO EXPECT AFTER YOUR TREATMENT

Having undergone treatment to your cervix, you may experience any or all of the following:

- Cramping pains.
- Watery discharge.
- Light bleeding, which may last two to four weeks.

To reduce the risk of infection and other complications, we recommend you:

- Avoid sexual intercourse for 4 weeks.
- Use sanitary towels if you are bleeding, do not use tampons/menstrual cups for 4 weeks.
- Avoid strenuous exercise and swimming for at least 2 weeks.
- Avoid baths if possible and shower only for at least 2 weeks.

If you have had treatment for abnormal cells, in most cases you will require a follow up cervical screening test to check for HPV in six months' time. We will confirm this with you when you attend.

**If you require any further information or clarification of terminology, please do not hesitate to talk to one of the doctors or nurses, who will be happy to discuss your concerns with you.**

If you develop severe pain or bleeding heavier than a period, please contact the Colposcopy Clinic.

Out of office hours, please see the emergency contact details below.

## CONTACT DETAILS

### SAINT MARY'S HOSPITAL, OXFORD ROAD:



**To cancel/change appointments or to enquire about your results contact:**

(0161) 701 4455 (option 5) Secretaries (08:30 – 17:00)



**For non-urgent clinical advice within hours, please contact the Nurse Colposcopists located at Saint Mary's Hospital, Oxford Road**

(0161) 276 5485 (08:00 – 17:00)



**Urgent clinical advice or advice out of hours please contact the Emergency Gynaecology Unit (EGU) located at Wythenshawe Hospital**

(0161) 291 2561 (24 hours; 7 days)

### LILAC CENTRE/WOMEN'S INVESTIGATION UNIT, NORTH MANCHESTER GENERAL HOSPITAL:



**Lilac Centre/Women's Investigation Unit (WIU)**

**North Manchester General Hospital**

(0161) 720 2757/2755 – Admin Team (08:00 – 17:00)



**Urgent clinical advice or advice out of hours please contact the Gynaecology Assessment Unit (GAU/F5) - located at North Manchester General Hospital**

(0161) 720 2010 GAU Reception/ (0161) 604 5130 GAU Nurses

Monday & Friday - 07:30 – 20:30

Saturday & Sunday - 08:30 – 16:30

**Outside these hours, please contact A&E or Emergency Gynaecology Unit (EGU) at Wythenshawe Hospital (see above)**



<https://mft.nhs.uk/saint-marys/services/gynaecology/colposcopy/>