

Information for Patients

Advice following treatment to your cervix

What to expect after your treatment

Having recently undergone treatment to your cervix, you can reasonably expect any or all of the following to occur:

- Cramping pains.
- Watery discharge.
- Light bleeding, which may last two to four weeks

If you develop severe pain or bleeding heavier than a period, please contact the Colposcopy Clinic or, if out of office hours, contact the Emergency Gynaecology Unit located at Wythenshawe Hospital (see contact numbers below).

Following your treatment, to minimise the risk of infection and other complications, we recommend that you:

- Avoid intercourse for 4 weeks.
- Please use sanitary towels if you are bleeding, do not use tampons/menstrual cups for 4 weeks
- Avoid strenuous exercise and swimming for 2 weeks.
- Avoid baths if possible and shower only for 2 weeks.

If you have had treatment for abnormal cells, in most cases you will require a follow up HPV test in six months' time. We will confirm this with you when you attend. If you have any queries or concerns, please contact the department.

Contact Numbers:

- 📞 Colposcopy Department Secretary: (0161) 701 6922 available Monday to Friday 08:30 - 15:00
- 📞 Nurse Colposcopists (0161) 276 5485 available Monday to Friday 08:00 - 17:00
- 📞 Emergency Gynaecology Unit located at Wythenshawe Hospital (0161) 291 2561

🌐 <https://mft.nhs.uk/saint-marys/services/gynaecology/colposcopy/>