

## Information for Patients

# Vasectomy Semen Analysis

### Introduction

After your operation you may resume having intercourse as soon as you feel able. Use contraception until the doctor who performed your vasectomy operation informs you that the post vasectomy semen sample was clear. Your referring doctor will be notified with the results. If there are still sperm in the specimen, your doctor will re-refer you, if necessary, for further post vasectomy checks. These instructions are based on the British Andrology Society Guidelines 2016.

### When to bring the first specimen

The first specimen for examination should be produced at a minimum interval of 12 weeks post-surgery and after producing at least 20 ejaculates (British Andrology Society guidelines 2016). Abstinence should be between 2 and 7 days and the whole ejaculate must be collected. It must be delivered directly to the laboratory within 4 hours of being produced.

### When to bring further specimens

If non-motile sperm are observed in the first sample then your clinician will ask you to produce further samples to be examined by the laboratory within 1 hour of production.

### Delivery of your sample

As a fresh sample is essential for this test it must be brought to the laboratory within four hours of it being passed at home.

**NOTE: Using a public toilet to pass your sample is against the law.**

## Instructions for collecting the semen sample

You should abstain from intercourse or masturbation for between 2-7 days (three to four days is best) prior to providing the specimen.

The sample must be obtained by masturbation (manual stimulation) and should be collected directly into the specimen container provided. A condom and/or artificial lubrication must not be used for semen collection as it will kill the sperm.

The complete specimen is needed for this examination, so if any of your specimen is spilt, you must tell us, as a repeat specimen may be required.

Label the specimen container with your full name, date of birth and the date and time the specimen was passed.

Ensure the top is screwed on tightly so that it does not leak and then place the container into the biohazard bag provided.

Please do not post the specimen to us.

## Sample identification

Please ensure that your full name and date of birth are on the label of the specimen container. We cannot process unlabelled or poorly labelled samples.

Please ensure that your name, date of birth and the requesting doctor's details are on the request form provided.

Make sure that you complete and sign the specimen details form on page 5 of this booklet

## Delivery of your sample

Deliver the sample to the Department of Reproductive Medicine, Andrology Laboratories at the Old Saint Mary's Hospital within 4 hours of passing the sample.

Specimens will only be accepted between 8.30 am and 3.00 pm, Monday to Friday (Our opening hours are: Monday - Friday: 8.30 am to 4.00 pm).

(We are **not** open Saturday, Sunday or bank holidays).

## Results

The results of your samples will be sent to the doctor who performed the operation. They will contact you with your results. If you have any questions, please contact the clinic where your vasectomy was performed.

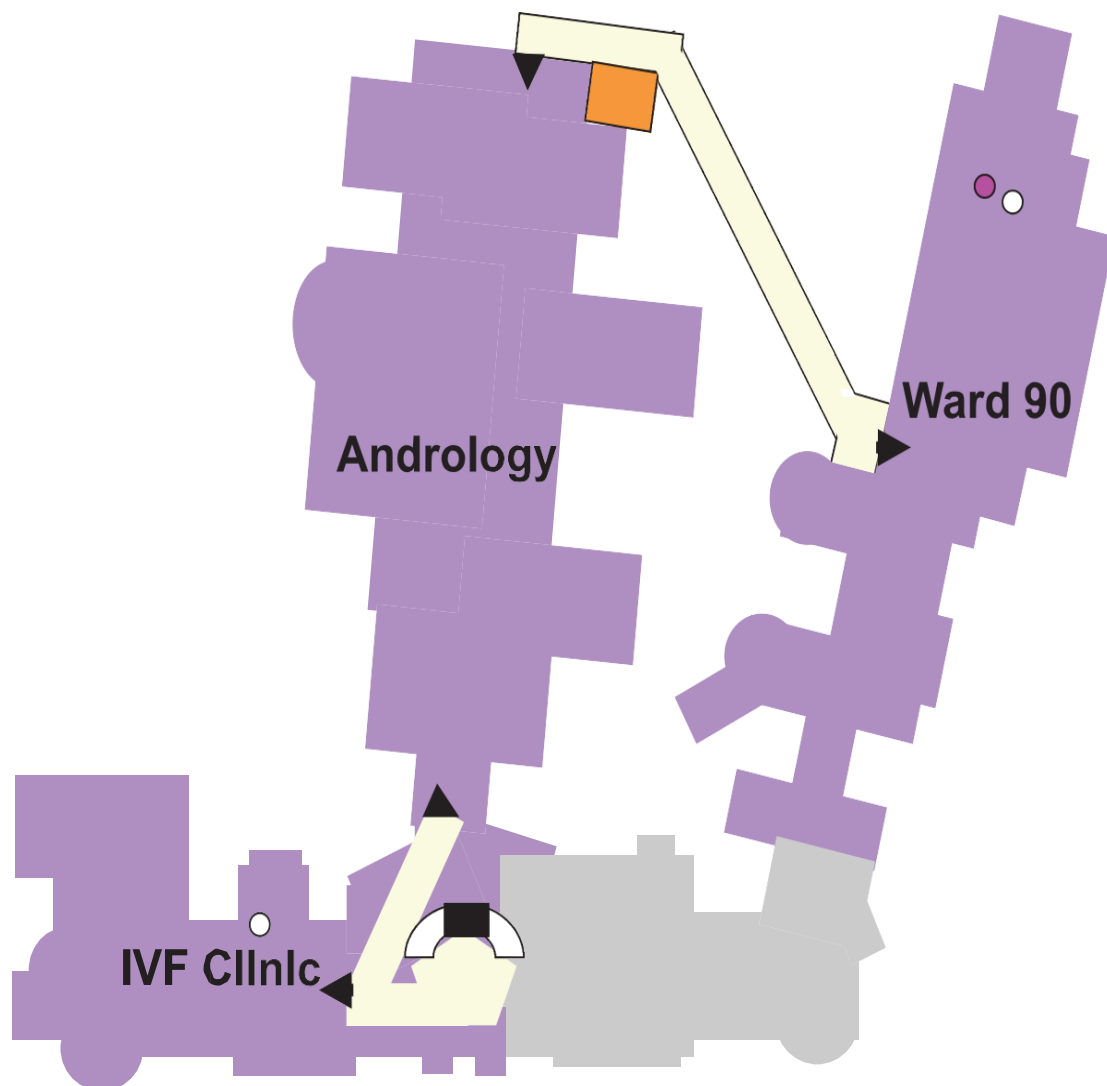
## How to find us

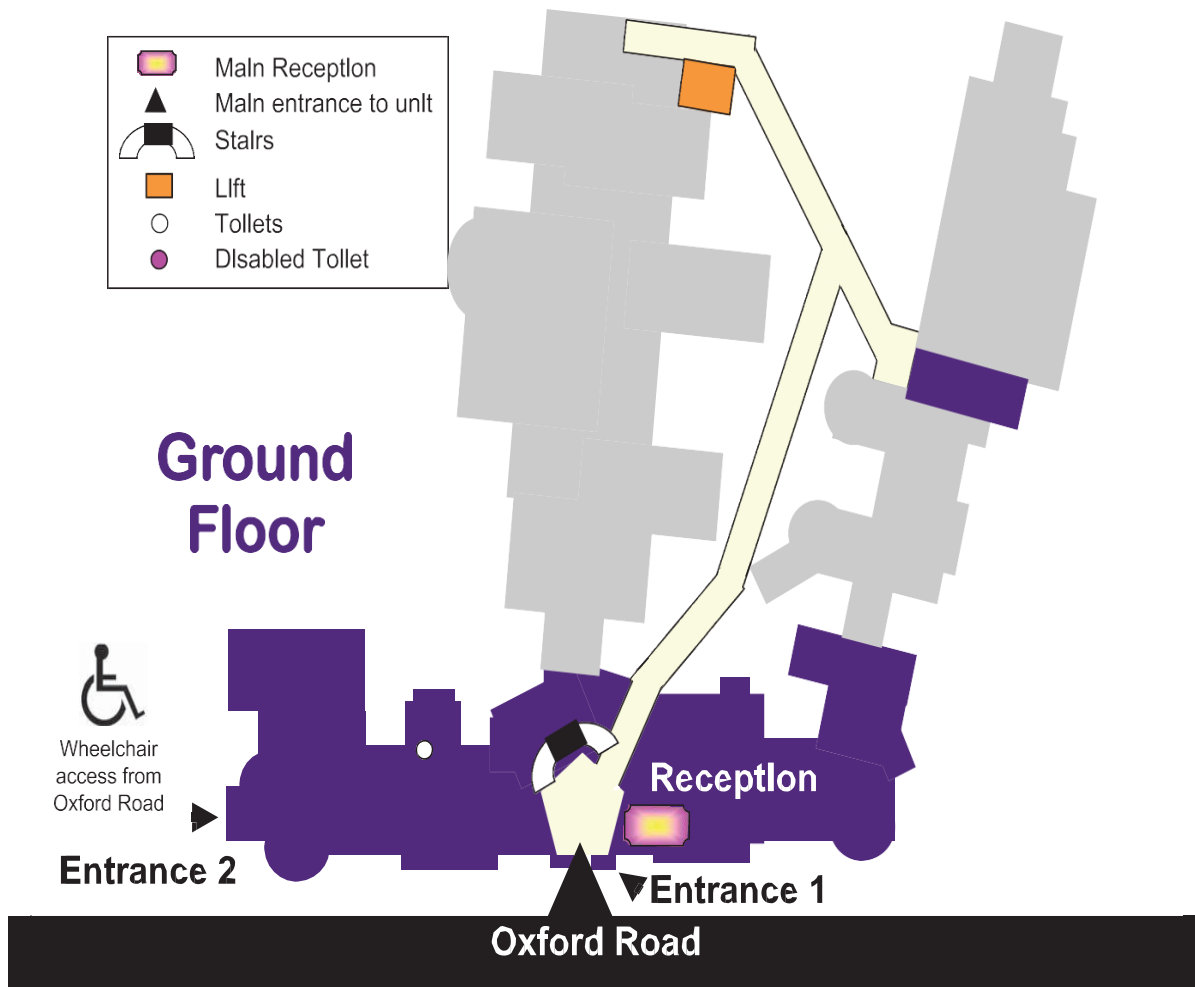
Please follow the directions on the maps given below.

The Andrology Laboratories are based in the Department of Reproductive Medicine in the Old Saint Mary's Hospital (Oxford Road) on the first floor. Turn right at the top of the stairs and then right again.

Please come into the reception and ring the bell for attention.

If you are a wheelchair user please telephone the department in advance (0161 276 6473). We have a separate entrance just off Oxford Road (Entrance 2 on map overleaf). Please press the intercom on arrival.





## Car parking

The best parking for patients visiting Saint Mary's is the multi-storey car park on the junction of Upper Brook Street and Hathersage Road. The entrance to the car park is on Hathersage Road.

<http://www.cmft.nhs.uk/saint-marys/plan-your-visit>

For car parking tariffs see [www.cmft.nhs.uk/information-for-patients-visitors-and-carers/getting-to-hospital/central-site#7](http://www.cmft.nhs.uk/information-for-patients-visitors-and-carers/getting-to-hospital/central-site#7).

Parking is provided free on the ground floor for patients with mobility problems who are displaying the appropriate badge. Vehicles will be clamped if they are parked inappropriately.

Department of Reproductive Medicine  
 Andrology Laboratories  
 Old Saint Mary's Hospital  
 Oxford Road, Manchester M13 9WL

Phone: 0161 276 6473  
 Fax: 0161 276 6609  
[www.cmft.nhs.uk/directorates/IVF/andrology](http://www.cmft.nhs.uk/directorates/IVF/andrology)

## Specimen details

Please complete this form and bring it with you to the laboratory along with your sample and the request form.

Name:			
Address:			
Date of Specimen:		Time passed:	
Time since last intercourse/masturbation:	days		
Date of operation:			
This is a complete sample (please delete as applicable):	Yes / No		

**I consent that any surplus specimen may be used for teaching and/or quality control:**

**Signed:** \_\_\_\_\_