

The neonatal bereavement team

Supporting you in your loss

The loss of a child is like no other. Grief is as unique as the baby you were expecting and parents grieve the death of their child in their own way.

Who are we?

We are a small team of nurses who specialise in supporting families that have lost their baby on NICU at Saint Mary's Hospital. We also work in the clinical rooms on the unit and our role is to offer you support through the following weeks and months as you and your family start to live with your loss.

What we offer

We can keep in touch with you by phone, text message or email. We can also arrange to visit you at your home or meet you at the hospital.

You may need help, advice or support with:

- Funeral options and registration.
- Post mortems/inquests.
- Grieving with a surviving twin/triplet.
- Grief differences between your family members.
- Liaison between family and the hospital and other services e.g. GP services, schools or a funeral director.
- Coping with difficult dates and family occasions.
- Returning to work or any future pregnancy.



The support from the Neonatal Bereavement Team is offered to you during the first year following the loss of your baby.

During this time, we can also signpost you to other agencies and sources of support and advice.

If counselling would support you with your loss, we can refer you to our experienced counsellor who can meet with you either individually or as a couple.

Although you may not feel our support would be helpful right now, you can contact us at any time in the first twelve months if you change your mind

Contact numbers:

Neonatal Bereavement Team

(0161) 276 6551

Please leave a message on the answerphone and we will return your call as soon as possible.

We will try to call you back as soon as possible however; please note this may not be on the same day.