

Information for Patients

Advice before and after egg recovery

Before egg recovery

You are now ready for egg recovery. As usual, the nurses will ring you to inform you of your drug doses.

In order to complete egg maturation, a HCG injection must be given subcutaneously (under the skin) 34-36 hours before egg recovery. The date and time of this injection will be confirmed by the nurses, along with the time of your egg recovery. It is very important that you take the injection in the time period stated.

A Covid-19 swab will be required on the day of your trigger. Should you report symptoms of Covid-19 during stimulation, further management will depend on the clinical situation. It may be possible to perform a Covid-19 test. If testing is positive, treatment will be cancelled. If symptoms of Covid-19 are developed that are suggestive of Covid-19 and it is not possible to get a swab result in time to allow for the continuation of the cycle, the cycle will be cancelled. If this situation arises following the trigger injection e.g. on the morning of egg collection, the clinical situation will be assessed by two clinicians.

Symptoms of Covid19 (fever - feeling hot or a temperature above 37.5 degrees Celsius)

Persistent cough

Loss of sense of smell

Loss of the sense of taste

Sore throat

Shortness of breath

The day after trigger, we do not need to see you and you will not need any injections.

You should have nothing to eat or drink from midnight before your egg recovery. You should not chew gum.

Please report to the IVF reception on the ground floor between 7.30 and 7.45 am on the morning of your egg recovery. The staff will direct you to Ward 90.

We recommend that you bring a dressing gown, slippers, your toilet bag and some reading material to occupy you. An embryologist will see you before you are discharged. You will need somebody to take you home and stay with you overnight.

Following your operation you may feel tired, bloated, have mild abdominal pain and light vaginal bleeding for some days. You should plan to have at least a couple of days off work to recover. We wish you the very best of luck.

If you are admitted to another hospital following your egg recovery, it is essential that you inform the Unit.

On the day of egg recovery

On the day of egg collection, unfortunately we cannot accommodate your partner or any visitors on the ward. If your partner is providing a fresh sample, he will be given a time to attend.

After egg recovery

We hope your egg recovery was successful and that you are feeling well.

You should try to rest over the next few days. You may feel tired and have mild period-like pains and some vaginal bleeding. Paracetamol is a safe drug to use for pain relief. Sanitary towels should be used, not tampons.

Please contact the nurses on the Unit if you experience any persistent sickness, vomiting, severe pain, thirst, swelling of your abdomen or a reduction in the amount of urine you are passing, as these symptoms may indicate ovarian hyperstimulation (OHSS).

Before leaving Ward 90, the nurse will explain how to use your pessaries. These are to start the day after egg collection.

On the day of embryo transfer, please continue to use the pessaries.

Your pessaries will continue until the date you do a pregnancy test.

If the test is positive, you will continue the pessaries up to your scan date.

If the test is unfortunately negative, you will be asked to stop using them.

Please do not hesitate to ask if you have any questions.

In the event of an emergency outside of working hours, please telephone Emergency Gynaecology Unit on (0161) 276 6204.