

### Saint Mary's Managed Clinical Service

# **Vaccinations in Pregnancy**

#### The Flu Vaccine

Flu in pregnancy can have serious consequences for you and your baby. Having flu while pregnant can lead to problems such as pneumonia and it can even be fatal for a small number of women. Flu in pregnancy can also lead to miscarriage or premature birth, and it has been linked to having a low-weight baby or stillbirth. The Flu Jab is safe in pregnancy and dramatically cuts the chance you'll get Flu.

#### Whooping Cough Vaccine

Whooping cough is a very infectious illness that can be very serious for young babies. Getting vaccinated while you're pregnant is a safe way to protect your baby. For new-borns and young babies Whooping Cough can lead to pneumonia and brain damage, and in the worst cases it can lead to the baby dying. Around 300 babies are admitted to hospital every year with whooping cough. If you get vaccinated while you're pregnant, your body produces antibodies which are passed through the placenta to your baby, providing some protection against whooping cough when they're born.

The best time to get vaccinated is from 16 weeks of pregnancy up to 32 weeks. Being vaccinated after 32 weeks can still help, though it won't be as effective in protecting your baby.

#### **COVID-19 Vaccine**

Pregnant women are more at risk of severe COVID-19 disease. If you have COVID-19 disease in later pregnancy, both you and your unborn baby are at increased risk of serious disease requiring hospital treatment, and intensive care support. UK data has shown that almost every pregnant woman with COVID-19 disease who needed hospital treatment or intensive care, had not been vaccinated. The overall risk from COVID-19 disease for you and your new baby is low but has increased since the first waves of COVID-19.

It is important that you are protected with all your vaccine doses to keep you and your baby safe. Don't wait until after you have given birth.

## Where can you get your vaccinations?

At St Marys we offer on-site vaccinations in all Antenatal Clinics, for Flu, COVID-19 and Whooping Cough. Speak to either your midwife or doctor or alternatively scan the QR Code to book an appointment most







convenient to you. Appointments last 10 minutes.

Clinics run in 5 different locations, Monday to Saturday 09:30-16:00.

Vaccination Clinic Locations	Address	Day
Wythenshawe Hospital Antenatal Clinic	Southmoor Road, Wythenshawe, M23 9LT	Tuesdays and Thursdays
North Manchester General Hospital, Antenatal Clinic	Delaunays Road, Crumpsall, M8 5RB	Mondays and Wednesdays
Lance Burn Health Centre	Churchill Way, Salford, M6 5QX	Fridays
St Mary's Oxford Road, Ground Floor Antenatal Clinic	Oxford Road, M13 9WL	Fridays and alternate Saturdays
Trafford General Hospital, Antenatal Clinic	Moorside Road, Davyhulme, M41 5SL	Wednesdays

Please note the following links should be opened using Google Chrome.





https://mft.nhsbookings.com/v2/#book/service/159

For any queries please contact <a href="mailto:saintmarysvaccinations@mft.nhs.uk">saintmarysvaccinations@mft.nhs.uk</a>

